

SUN	MON	TUE	WED	THUR	FRI	SAT
		<b>April Fool's Day</b> 9:00 AM Power Up (WC) 9:00 AM Aqua Power (Pool) 9:30 AM Sit-and-Tone (WC) <b>10:30 AM Catholic Communion Service (LAR)</b> <b>1:00 PM Rummikub (SL)</b> <b>1:00 PM Ladies' Bridge (HMR)</b> <b>1:30 PM Bingo (LAR)</b> <b>2:30 PM Drama Club Rehearsal (HAS)</b> 3:00 PM Stretch and Relaxation Class (WC)	9:00 AM Yoga (WC) <b>9:30 AM Shopping: Walmart (LFL)</b> 9:30 AM Sit-and-Tone (WC) <b>10:00 AM Support Group (SL)</b> <b>11:00 AM Beginner Mahjong Class (HC)</b> <b>11:00 AM Parkinson's Exercise Class (WC)</b> <b>2:00 PM Water Aerobics (WC)</b> <b>2:00 PM Art Club</b> <b>3:00 PM Knit &amp; Crochet Club (SL)</b> 3:00 PM Stretch and Relaxation Class (WC) <b>4:00 PM Hymns &amp; Hope w/ Joel (LFL)</b>	9:00 AM Power Up (WC) 9:00 AM Aqua Power (Pool) 9:30 AM Sit-and-Tone (WC) <b>10:00 AM Crafts With Agape-Tie Dye T-Shirts (LAR)</b> <b>11:00 AM Sterling Bridge Club (HMR)</b> <b>2:30 PM Hand &amp; Foot Card Game (HMR)</b> <b>2:30 PM Drama Club Rehearsal (HAS)</b> 3:00 PM Stretch and Relaxation Class (WC) <b>3:30 PM Happy Hour with Live Music (LFL)</b>	9:00 AM Yoga (WC) 9:30 AM Sit-and-Tone (WC) <b>9:30 AM Fun Friday Outing: Tour of the State Capitol (LFL)</b> <b>1:00 PM History Club with David Strand (LAR)</b> <b>2:00 PM Afternoon Treats (LAR)</b> <b>2:30 PM Dominos (HMR)</b> 3:00 PM Stretch and Relaxation Class (WC) <b>5:45 PM Game Night (LDR)</b>	9:00 AM Power Up (WC) 9:30 AM Sit-and-Tone (WC) <b>10:00 AM Brain Games (LAR)</b> <b>10:30 AM Giant Crossword (LAR)</b> <b>1:00 PM Rummikub (SL)</b> <b>1:30 PM Bingo (LAR)</b> 3:00 PM Stretch and Relaxation Class (WC) <b>4:00 PM Golden Oldies Music Hour (LAR)</b> <b>6:00 PM Game Night (LAR)</b>
<b>10:45 AM Sterling Church Service (LAR)</b> <b>11:00 AM First Presbyterian Church of Marietta (HMR)</b> <b>1:00 PM Mystery Trivia</b> <b>3:00 PM Sunday Social with Refreshments (LAR)</b> <b>3:30 PM Music Bingo (LAR)</b>	9:00 AM Yoga (WC) 9:30 AM Sit-and-Tone (WC) <b>10:00 AM Sterling Bible Study (HMR)</b> <b>11:00 AM Sterling Scholars (LAR)</b> <b>1:30 PM Let's Play Mahjong! (SL)</b> <b>1:30 PM Poker Club (HMR)</b> <b>2:00 PM Water Aerobics (WC)</b> <b>2:00 PM Gadget Gal Explains! (HMR)</b> <b>2:30 PM March Madness Monday! (LAR)</b> 3:00 PM Stretch and Relaxation Class (WC) <b>6:00 PM Line Dancing with Nurse Laura (SL)</b>	<b>9:00 AM Car Wash On site (HC)</b> 9:00 AM Power Up (WC) 9:00 AM Aqua Power (Pool) 9:30 AM Sit-and-Tone (WC) <b>10:30 AM Catholic Communion Service (LAR)</b> <b>1:00 PM Rummikub (SL)</b> <b>1:00 PM Ladies' Bridge (HMR)</b> <b>1:30 PM Bingo (LAR)</b> 3:00 PM Stretch and Relaxation Class (WC) <b>4:00 PM Team Trivia (HMR)</b> <b>7:00 PM Widow Support Group w/ Trudy Green (LAR)</b>	9:00 AM Yoga (WC) <b>9:30 AM Shopping: Kroger (LFL)</b> 9:30 AM Sit-and-Tone (WC) <b>10:00 AM Stick it to the Beat (LAR)</b> <b>10:00 AM Support Group (SL)</b> <b>10:30 AM On-site Jewelry Repair (LFL)</b> <b>11:00 AM Beginner Mahjong Class (HC)</b> <b>11:00 AM Parkinson's Exercise Class (WC)</b> <b>1:00 PM Afternoon Shopping: Goodwill (LFL)</b> <b>2:00 PM Water Aerobics (WC)</b> <b>2:00 PM Art Club</b> <b>3:00 PM Garden Club (LAR)</b> <b>3:00 PM Knit &amp; Crochet Club (SL)</b> 3:00 PM Stretch and Relaxation Class (WC) <b>4:00 PM Hymns &amp; Hope w/ Joel (LFL)</b>	9:00 AM Power Up (WC) 9:00 AM Aqua Power (Pool) 9:30 AM Sit-and-Tone (WC) <b>10:00 AM Tie Dye T-Shirt Craft for our Theme Dinner (LAR)</b> <b>11:00 AM Sterling Bridge Club (HMR)</b> <b>2:30 PM Hand &amp; Foot Card Game (HMR)</b> 3:00 PM Stretch and Relaxation Class (WC) <b>3:30 PM Happy Hour with Live Music (LFL)</b>	9:00 AM Yoga (WC) 9:30 AM Sit-and-Tone (WC) <b>9:30 AM Pleasant Grove Yard Sale (LFL)</b> <b>10:00 AM Sterling Masters Mini-Golf Tournament (LC)</b> <b>1:30 PM Sterling Masters Golf Outdoor Social (LC)</b> <b>2:30 PM Dominos (HMR)</b> 3:00 PM Stretch and Relaxation Class (WC) <b>5:45 PM Game Night (LDR)</b>	9:00 AM Power Up (WC) 9:30 AM Sit-and-Tone (WC) <b>10:00 AM Brain Games (LAR)</b> <b>10:30 AM Giant Crossword (LAR)</b> <b>1:00 PM Rummikub (SL)</b> <b>1:30 PM Bingo (LAR)</b> 3:00 PM Stretch and Relaxation Class (WC) <b>4:00 PM Golden Oldies Music Hour (LAR)</b> <b>6:00 PM Game Night (LAR)</b>
<b>Palm Sunday</b> <b>Passover</b> <b>10:45 AM Sterling Church Service (LAR)</b> <b>11:00 AM First Presbyterian Church of Marietta (HMR)</b> <b>1:00 PM Mystery Trivia</b> <b>3:30 PM Music Bingo (LAR)</b>	9:00 AM Yoga (WC) 9:30 AM Sit-and-Tone (WC) <b>10:00 AM Sterling Bible Study (HMR)</b> <b>11:00 AM Sterling Scholars-Greg Athnos (LAR)</b> <b>1:30 PM Let's Play Mahjong! (SL)</b> <b>1:30 PM Poker Club (HMR)</b> <b>2:00 PM Water Aerobics (WC)</b> <b>2:00 PM March Madness Awards Ceremony (LAR)</b> <b>2:30 PM March Madness Monday! (LAR)</b> 3:00 PM Stretch and Relaxation Class (WC) <b>6:00 PM Line Dancing with Nurse Laura (SL)</b>	<b>Tax Day</b> 9:00 AM Power Up (WC) 9:00 AM Aqua Power (Pool) 9:30 AM Sit-and-Tone (WC) <b>10:30 AM Catholic Communion Service (LAR)</b> <b>1:00 PM Rummikub (SL)</b> <b>1:00 PM Ladies' Bridge (HMR)</b> <b>1:30 PM Bingo (LAR)</b> 3:00 PM Stretch and Relaxation Class (WC) <b>5:00 PM Woodstock '25 Joint Theme Dinner (LC)</b>	9:00 AM Yoga (WC) <b>9:30 AM Shopping: Walmart (LFL)</b> 9:30 AM Sit-and-Tone (WC) <b>10:00 AM Support Group (SL)</b> <b>11:00 AM Beginner Mahjong Class (HC)</b> <b>11:00 AM Parkinson's Exercise Class (WC)</b> <b>1:30 PM Page Turners' Book Club (HMR)</b> <b>2:00 PM Water Aerobics (WC)</b> <b>3:00 PM Drama Club Presents: The Untold Story of the Easter Bunny! (LDR)</b> <b>3:00 PM Knit &amp; Crochet Club (SL)</b> 3:00 PM Stretch and Relaxation Class (WC)	9:00 AM Power Up (WC) 9:00 AM Aqua Power (Pool) 9:30 AM Sit-and-Tone (WC) <b>10:30 AM Sterling Presents-Illusionist Josh Farley (LFL)</b> <b>11:00 AM Sterling Bridge Club (HMR)</b> <b>2:30 PM Hand &amp; Foot Card Game (HMR)</b> 3:00 PM Stretch and Relaxation Class (WC) <b>3:30 PM Happy Hour with Live Music (LFL)</b>	<b>Good Friday</b> 9:00 AM Yoga (WC) 9:30 AM Sit-and-Tone (WC) <b>10:30 AM Good Friday Program with Joel Lanier (LFL)</b> <b>1:00 PM History Club with David Strand (LAR)</b> <b>2:00 PM Afternoon Treats (LAR)</b> <b>2:30 PM Dominos (HMR)</b> <b>2:30 PM Paint 'n Sip with Taylor and Amy (LAR)</b> 3:00 PM Stretch and Relaxation Class (WC) <b>5:45 PM Game Night (LDR)</b>	9:00 AM Power Up (WC) 9:30 AM Sit-and-Tone (WC) <b>10:00 AM Brain Games (LAR)</b> <b>10:30 AM Giant Crossword (LAR)</b> <b>1:00 PM Rummikub (SL)</b> <b>1:30 PM Bingo (LAR)</b> 3:00 PM Stretch and Relaxation Class (WC) <b>4:00 PM Golden Oldies Music Hour (LAR)</b> <b>6:00 PM Game Night (LAR)</b>
<b>Easter</b> <b>Orthodox Easter</b> <b>10:45 AM Sterling Church Service (LAR)</b> <b>11:00 AM First Presbyterian Church of Marietta (HMR)</b> <b>1:00 PM Mystery Trivia</b> <b>3:00 PM Sunday Social with Refreshments (LAR)</b> <b>3:30 PM Music Bingo (LAR)</b>	9:00 AM Yoga (WC) <b>9:00 AM Podiatrist (WC)</b> 9:30 AM Sit-and-Tone (WC) <b>10:00 AM Sterling Bible Study (HMR)</b> <b>11:00 AM Sterling Scholars (LAR)</b> <b>1:30 PM Let's Play Mahjong! (SL)</b> <b>1:30 PM Poker Club (HMR)</b> <b>2:00 PM Water Aerobics (WC)</b> <b>2:00 PM Gadget Gal Workshop (HMR)</b> <b>2:30 PM March Madness Monday! (LAR)</b> <b>2:30 PM The Americas: Documentary Series (LAR)</b> 3:00 PM Stretch and Relaxation Class (WC) <b>6:00 PM Line Dancing with Nurse Laura (SL)</b>	<b>Earth Day</b> 9:00 AM Power Up (WC) 9:00 AM Aqua Power (Pool) 9:30 AM Sit-and-Tone (WC) <b>10:30 AM Catholic Communion Service (LAR)</b> <b>1:00 PM Rummikub (SL)</b> <b>1:00 PM Ladies' Bridge (HMR)</b> <b>1:30 PM Bingo (LAR)</b> 3:00 PM Stretch and Relaxation Class (WC) <b>4:00 PM Bocce Team Drawing (LAR)</b>	9:00 AM Yoga (WC) <b>9:30 AM Shopping: Publix (LFL)</b> 9:30 AM Sit-and-Tone (WC) <b>10:00 AM Stick it to the Beat (LAR)</b> <b>10:00 AM Support Group (SL)</b> <b>11:00 AM Beginner Mahjong Class (HC)</b> <b>11:00 AM Parkinson's Exercise Class (WC)</b> <b>1:00 PM Afternoon Shopping: Kirkland's &amp; Dollar Tree (LFL)</b> <b>2:00 PM Water Aerobics (WC)</b> <b>2:00 PM Art Club</b> <b>3:00 PM Garden Club (LAR)</b> <b>3:00 PM Knit &amp; Crochet Club (SL)</b> 3:00 PM Stretch and Relaxation Class (WC) <b>4:00 PM Hymns &amp; Hope w/ Joel (LFL)</b>	9:00 AM Power Up (WC) 9:00 AM Aqua Power (Pool) 9:30 AM Sit-and-Tone (WC) <b>10:00 AM Let's Make a Deal (LAR)</b> <b>11:00 AM Sterling Bridge Club (HMR)</b> <b>1:00 PM Birthday Party! (HC)</b> <b>2:30 PM Hand &amp; Foot Card Game (HMR)</b> 3:00 PM Stretch and Relaxation Class (WC) <b>3:30 PM Happy Hour with Live Music (LFL)</b>	9:00 AM Yoga (WC) 9:30 AM Sit-and-Tone (WC) <b>9:30 AM Fun Friday Outing: Calhoun Rock Garden (LFL)</b> <b>10:00 AM Paint 'n Sip with Taylor and Amy (LAR)</b> <b>1:00 PM History Club with David Strand (LAR)</b> <b>2:00 PM Afternoon Treats (LAR)</b> <b>2:30 PM Dominos (HMR)</b> 3:00 PM Stretch and Relaxation Class (WC) <b>5:45 PM Game Night (LDR)</b>	9:00 AM Power Up (WC) 9:30 AM Sit-and-Tone (WC) <b>10:00 AM Brain Games (LAR)</b> <b>10:30 AM Giant Crossword (LAR)</b> <b>1:00 PM Bingo -Time change for this week only! (LAR)</b> <b>1:00 PM Rummikub (SL)</b> <b>2:30 PM Derby Hat Workshop w/ Mount Paran Students (LAR)</b> 3:00 PM Stretch and Relaxation Class (WC) <b>4:00 PM Golden Oldies Music Hour (LAR)</b> <b>6:00 PM Game Night (LAR)</b>
<b>10:45 AM Sterling Church Service (LAR)</b> <b>11:00 AM First Presbyterian Church of Marietta (HMR)</b> <b>1:00 PM Sunday Matinee: A Beautiful Day in the Neighborhood (LAR)</b> <b>3:30 PM Music Bingo (LAR)</b>	9:00 AM Yoga (WC) 9:30 AM Sit-and-Tone (WC) <b>10:00 AM Sterling Bible Study (HMR)</b> <b>11:00 AM Sterling Scholars- Tom Kelley (LAR)</b> <b>1:30 PM Let's Play Mahjong! (SL)</b> <b>1:30 PM Poker Club (HMR)</b> <b>2:00 PM Water Aerobics (WC)</b> <b>2:30 PM March Madness Monday! (LAR)</b> <b>2:30 PM The Americas: Documentary Series (LAR)</b> 3:00 PM Stretch and Relaxation Class (WC) <b>6:00 PM Line Dancing with Nurse Laura (SL)</b>	9:00 AM Power Up (WC) 9:00 AM Aqua Power (Pool) <b>9:00 AM Men's Breakfast (HC)</b> 9:30 AM Sit-and-Tone (WC) <b>10:30 AM Catholic Communion Service (LAR)</b> <b>1:00 PM Rummikub (SL)</b> <b>1:00 PM Ladies' Bridge (HMR)</b> <b>1:30 PM Bingo (LAR)</b> <b>1:30 PM BOYS VS. GIRLS Wii Bowling Tournament (WC)</b> <b>2:30 PM Derby Hat Workshop (LAR)</b> 3:00 PM Stretch and Relaxation Class (WC) <b>4:30 PM Dinner Club: Ray's on the River (HC)</b>	9:00 AM Yoga (WC) <b>9:30 AM Shopping: Walmart (LFL)</b> 9:30 AM Sit-and-Tone (WC) <b>10:00 AM Support Group (SL)</b> <b>11:00 AM Beginner Mahjong Class (HC)</b> <b>11:00 AM Parkinson's Exercise Class (WC)</b> <b>2:00 PM Water Aerobics (WC)</b> <b>2:00 PM Art Club</b> <b>3:00 PM Knit &amp; Crochet Club (SL)</b> 3:00 PM Stretch and Relaxation Class (WC) <b>4:00 PM Hymns &amp; Hope w/ Joel (LFL)</b>	<b>LOCATION KEY</b> HAS - Hampton Art Studio HC - Hampton Club HMR - Hampton Media Room		LFL - Landmark Front Lobby SL - Stratford Lounge WC - Wellness Center Pool - Wellness Center Pool



## BOCCE IS BACK!

We will be hosting our team drawing on April 22<sup>nd</sup> at 4 pm in the Landmark Activity Room. Sign up in the Wellness Center if you would like to participate!

## SPRING MAGIC!

Illusionist Josh Farley will be here to "wow" the crowd with a magic show you'll have to see to believe! Thursday, April 17<sup>th</sup> at 10:30AM in the Landmark Front Lobby

## STERLING DRAMA CLUB PRESENTS: THE UNTOLD STORY OF THE EASTER BUNNY!

Come support your neighbors as we put on an original production. Created, written, and starred in by Sterling residents, this Easter show will be fun for all ages!

**WEDNESDAY APRIL 16<sup>TH</sup> AT 3 PM  
IN THE LANDMARK DINING ROOM**

## STERLING MINI MASTERS TOURNAMENT

The Sterling Mini-Masters approaches! Come compete for the coveted GREEN JACKET!

Sign-up in the Wellness Center



# WOODSTOCK '25

## PEACE, LOVE, MUSIC, & DINNER!

JOIN US FOR A  
HIPPIE DIPPIE GOOD TIME  
AT OUR JOINT THEME DINNER:  
WOODSTOCK '25!

TUESDAY, APRIL 15<sup>TH</sup> AT 5 PM  
LANDMARK COURTYARD



## LIVE ENTERTAINMENT!

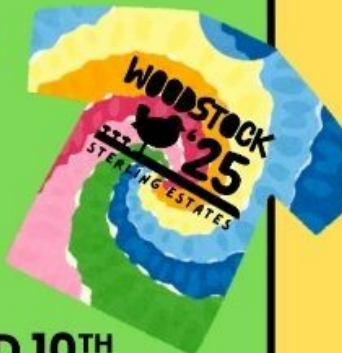
APRIL 3<sup>RD</sup> - BUTCH REEVES  
APRIL 10<sup>TH</sup> - GIL CARO  
APRIL 17<sup>TH</sup> - SARA DAVIES  
APRIL 15<sup>TH</sup> - LOOSE SHOES  
AT WOODSTOCK THEME DINNER  
APRIL 24<sup>TH</sup> - BRANDON CROCKER

## STERLING ON THE GO!

4/3- State Capitol Tour  
4/11 - Pleasant Grove Yard Sale  
4/25 - Calhoun Rock Garden  
4/29 - Dinner Club goes to Ray's on the River

## WOODSTOCK WARDROBE

We will be making tie dye t-shirts for our theme dinner party! Join us for some creative fun and pre-order your shirt now!



**THURS APRIL 3<sup>RD</sup> AND 10<sup>TH</sup>  
AT 10 AM IN THE  
LANDMARK ACTIVITY ROOM**

## APRIL BIRTHDAYS:

4/2 - GAYLE FERRELL  
4/4 - SUE RIGGS  
4/9 - BOB CONGER  
4/10 - ANN CROWLEY  
4/11 - JAY GENDAL  
4/14 - SHEILA LITTLE  
4/23 - TINKA HARPER  
4/23 - MARY HUGHES  
4/24 - JOAN HARGROVE  
4/26 - MELBA KITCHENS

Join us on April 24th at 1 PM for our birthday party in the Hampton Club