

Ask yourself a few simple questions....

- Have you had friends over for dinner or have you gone out lately?
- Are you part of a group of friends that travels, paints, gardens, plays cards, etc.?
- Do you have an exercise group that helps you maintain your independence?
- Are you living in a maintenance free home?
- As a couple, are you having the same needs as you age?

If you can't say "YES" to all the above, it's time to discover what Sterling Estates has to offer...



STERLING
ESTATES
Senior Living Communities



The Time is Now To Enjoy a Happier, Healthier Life!

**Spacious Cottages and Flats • A Vibrant Social Life
Cutting Edge Wellness Center with Full Time Trainers
High-End Amenities • Healthcare Coordinated by RN/LPN
Travel Clubs • Maintenance Free Living • Safe and Secure**
ALLOWING YOU TO BE AND STAY MORE INDEPENDENT, LONGER



Don't Delay. Others are Choosing a Sterling Life. Call Today!

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