

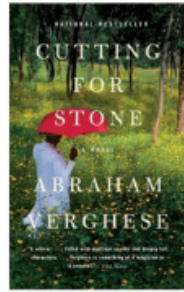
SUN	MON	TUE	WED	THUR	FRI	SAT
<p>9:00 AM In Touch with Dr. Charles Stanley (Channel 13 in your suite) 1</p> <p>10:00 AM Holy Family Catholic Communion (AR)</p> <p>10:45 AM Documentaries "Attack on Pearl Harbor Part 1" (AR)</p> <p>2:00 PM BINGO (AR)</p> <p>3:00 PM Paula Roberts' Student Piano Recital (Front Lobby)</p> <p>4:00 PM Games with Friends: Bananagrams! (AR)</p> <p>6:00 PM Evening Movie "US Marshalls" (AR)</p>	<p>10:00 AM Water Aerobics with Christine (Cottage and AL) (WC) 2</p> <p>10:30 AM Cottage Sittercise (WC)</p> <p>11:30 AM Wii Sports (WC)</p> <p>1:00 PM Devotions with Jan Watson (Shelly's Mother!) (CC)</p> <p>2:30 PM Brain Fitness Meeting: WORDLE (AR)</p> <p>2:30 PM Open Gym (WC)</p> <p>3:00 PM Open Swim (WC)</p> <p>4:00 PM BINGO (AR)</p> <p>6:00 PM Evening Movie "Radio City Christmas Spectacular with the Rockettes" (AR)</p>	<p>10:00 AM Sweet Spirit Singers Christmas Program (Front Lobby) 3</p> <p>10:30 AM Cottage Sittercise (WC)</p> <p>11:00 AM Bible Study with Joel (AR)</p> <p>11:30 AM OUTING: Cottage Ladies Who Lunch - Atlanta Country Club (Front Lobby)</p> <p>2:00 PM Open Gym (WC)</p> <p>2:00 PM Pokeno & Prizes (AR)</p> <p>3:00 PM Open Swim (WC)</p> <p>6:00 PM Evening Movie "Mr. and Mrs. Smith" (AR)</p>	<p>10:00 AM Water Aerobics with Christine (Cottage and AL) (WC) 4</p> <p>10:30 AM Cottage Sittercise (WC)</p> <p>11:15 AM Focused Fitness (WC)</p> <p>2:00 PM Historian Michael Hitt - A Historical Mystery! (AR)</p> <p>2:00 PM Open Gym (WC)</p> <p>3:00 PM Open Swim (WC)</p> <p>3:00 PM Wii Bowling (WC)</p> <p>4:30 PM Cottage Residents' Trivia Night and Dinner (CL)</p> <p>6:00 PM Evening Movie "The Long Hot Summer" (AR)</p>	<p>8:00 AM ACTIVITY ROOM IS CLOSED AND UNDER CONSTRUCTION TODAY! (AR) 5</p> <p>10:00 AM Art Class (CC)</p> <p>10:30 AM Yoga (IL) (WC)</p> <p>11:15 AM Caregiver Support Group Facilitated by Joel (Shelly's Office)</p> <p>1:00 PM Hymns & Hope with Joel (LR)</p> <p>1:00 PM Open Gym (WC)</p> <p>2:00 PM BINGO (CC)</p> <p>2:00 PM Open Swim (WC)</p> <p>3:30 PM Happy Hour with Joni and Tom Illi (DR)</p>	<p>8:00 AM ACTIVITY ROOM IS CLOSED AND UNDER CONSTRUCTION TODAY! (AR) 6</p> <p>10:30 AM Cottage Sittercise (WC)</p> <p>10:30 AM Crafts "Holiday Door Decor" (CC)</p> <p>11:15 AM Focused Fitness (WC)</p> <p>12:30 PM OUTING: The Christkindl Market at Bulloch Hall in Roswell (Front Lobby)</p> <p>2:00 PM Current Events (CC)</p> <p>2:00 PM Open Gym (WC)</p> <p>3:00 PM Open Swim (WC)</p> <p>3:00 PM Hot Cocoa Social with the Dickens Carolers (Front Lobby)</p> <p>4:30 PM Armchair Travels "Wonders of Croatia" (CC)</p>	<p>Pearl Harbor 7</p> <p>10:00 AM Coffee and Conversation (CC)</p> <p>10:30 AM Cottage Sittercise (WC)</p> <p>11:00 AM "Musical Favorites from the Past" with Tom Parrott (AR)</p> <p>11:15 AM Open Gym (WC)</p> <p>2:00 PM Saturday Snack Bar "WWYD for a Klondike Bar!" (AR)</p> <p>4:00 PM Leigh Plays Guitar in the Lobby! (Front Lobby)</p> <p>4:00 PM FOOTBALL! The SEC Championship (AR)</p>
<p>9:00 AM In Touch with Dr. Charles Stanley (Channel 13 in your suite) 8</p> <p>10:45 AM Documentaries "Attack on Pearl Harbor Part 2" (AR)</p> <p>2:00 PM BINGO (AR)</p> <p>4:00 PM Games with Friends: Dominoes! (AR)</p> <p>4:00 PM Fred Kaufman's Holiday Open House and Eggnog! (Suite 227)</p> <p>4:30 PM Boy Scout Troop 785 Christmas Caroling! (Front Lobby)</p> <p>6:00 PM Evening Movie "A Christmas Carol" (AR)</p>	<p>10:00 AM Water Aerobics with Christine (Cottage and AL) (WC) 9</p> <p>10:30 AM Cottage Sittercise (WC)</p> <p>11:30 AM Wii Sports (WC)</p> <p>1:00 PM Devotions with Jan Watson (Shelly's Mother!) (CC)</p> <p>2:30 PM Brain Fitness DAKIM Meeting (AR)</p> <p>2:30 PM Open Gym (WC)</p> <p>3:00 PM Chef Chat (AR)</p> <p>3:00 PM Open Swim (WC)</p> <p>4:00 PM BINGO (AR)</p> <p>6:00 PM OUTING: "Cosmic Sleighride" Drive-Thru Holiday Lights! (Front Lobby)</p> <p>6:00 PM Evening Movie "March of the Penguins" (AR)</p>	<p>9:45 AM OUTING: Cottage Residents' Christmas Tour at the Governor's Mansion with Lunch After at the OK Cafe (Front Lobby) 10</p> <p>10:30 AM Cottage Sittercise (WC)</p> <p>11:00 AM Bible Study with Joel (AR)</p> <p>2:00 PM Open Gym (WC)</p> <p>2:30 PM Pokeno & Prizes (AR)</p> <p>3:00 PM Open Swim (WC)</p> <p>4:00 PM Games: Uzzle (AR)</p> <p>6:00 PM Evening Movie "Arbitrage" (AR)</p>	<p>10:00 AM Water Aerobics with Christine (Cottage and AL) (WC) 11</p> <p>10:30 AM Cottage Sittercise (WC)</p> <p>11:15 AM Focused Fitness (WC)</p> <p>2:00 PM Games: Wheel of Fortune "Holiday Style!" (AR)</p> <p>2:00 PM Open Gym (WC)</p> <p>3:00 PM Open Swim (WC)</p> <p>3:00 PM Wii Bowling (WC)</p> <p>4:30 PM Cottage Residents' Happy Hour and Dinner (CL)</p> <p>6:00 PM Evening Movie "Best in Show" (AR)</p>	<p>10:00 AM Art Class (AR) 12</p> <p>10:30 AM Cottage Sittercise (WC)</p> <p>11:15 AM Caregiver Support Group Facilitated by Joel (Shelly's Office)</p> <p>1:00 PM Hymns & Hope with Joel (LR)</p> <p>1:00 PM Open Gym (WC)</p> <p>1:15 PM Wellness Seminar: Parkinson's Educational Seminar For Families and Residents (AR)</p> <p>2:00 PM BINGO (AR)</p> <p>2:00 PM Open Swim (WC)</p> <p>3:30 PM Happy Hour with Jeni Michelson on the Piano (Front Lobby)</p> <p>6:00 PM Evening Movie "The Juror" (AR)</p> <p>6:15 PM Feisty Fossils Cottage Owners Social (CL)</p>	<p>10:30 AM Cottage Sittercise (WC) 13</p> <p>10:30 AM Crafts "Painting Nutcrackers" (AR)</p> <p>11:00 AM Sterling Holiday Market (Front Lobby)</p> <p>11:15 AM Focused Fitness (WC)</p> <p>2:00 PM Current Events (AR)</p> <p>2:00 PM Open Gym (WC)</p> <p>3:00 PM Open Swim (WC)</p> <p>4:00 PM Armchair Travels "Biltmore House at Christmas - Asheville, North Carolina - Walkthrough Plus Gardens and More!" (AR)</p> <p>6:00 PM Friday Funnies "Ruthless People" (AR)</p>	<p>10:00 AM Coffee and Conversation (CC) 14</p> <p>10:30 AM Cottage Sittercise (WC)</p> <p>11:00 AM Sterling Music Series with Thayer Naples (AR)</p> <p>11:15 AM Open Gym (WC)</p> <p>2:00 PM Saturday Snack Bar "Katherine's Famous Toffee Cookies" (AR)</p> <p>6:00 PM Evening Movie "Home Alone" (AR)</p>
<p>9:00 AM In Touch with Dr. Charles Stanley (Channel 13 in your suite) 15</p> <p>10:00 AM Holy Family Catholic Communion (AR)</p> <p>11:00 AM Documentaries "The American Story" (AR)</p> <p>2:00 PM BINGO (AR)</p> <p>6:00 PM Evening Movie "The Pursuit of Happyness" (AR)</p>	<p>10:00 AM Water Aerobics with Christine (Cottage and AL) (WC) 16</p> <p>10:30 AM Cottage Sittercise (WC)</p> <p>11:30 AM Wii Sports (WC)</p> <p>1:00 PM Devotions with Jan Watson (Shelly's Mother!) (CC)</p> <p>2:00 PM Speaker: "Christmas Among the Cherokee" by Wanda Patterson (AR)</p> <p>2:30 PM Open Gym (WC)</p> <p>3:00 PM Open Swim (WC)</p> <p>4:00 PM BINGO (AR)</p> <p>6:00 PM Evening Movie "Steel Magnolias" (AR)</p>	<p>10:30 AM Cottage Sittercise (WC) 17</p> <p>11:00 AM Bible Study with Joel (AR)</p> <p>12:45 PM Wii Bowling Tournament: Outing to Sterling West (WC)</p> <p>2:00 PM Open Gym (WC)</p> <p>2:00 PM Pokeno & Prizes (AR)</p> <p>3:00 PM Open Swim (WC)</p> <p>4:00 PM Charades: Holiday Style (AR)</p> <p>6:00 PM Evening Movie "The Polar Express" (AR)</p>	<p>10:00 AM Water Aerobics with Christine (Cottage and AL) (WC) 18</p> <p>10:30 AM Cottage Sittercise (WC)</p> <p>11:15 AM Focused Fitness (WC)</p> <p>2:00 PM Games: Jeopardy (AR)</p> <p>2:00 PM Open Gym (WC)</p> <p>3:00 PM Open Swim (WC)</p> <p>3:00 PM Wii Bowling (WC)</p> <p>4:00 PM Cobb Library "Libby" Information and Lesson (AR)</p> <p>4:30 PM Cottage Residents' Holiday Happy Hour and Dinner (CL)</p> <p>6:00 PM Evening Movie "Love Actually" (AR)</p>	<p>10:00 AM Art Class (AR) 19</p> <p>10:30 AM Yoga (IL) (WC)</p> <p>11:15 AM Caregiver Support Group Facilitated by Joel (Shelly's Office)</p> <p>1:00 PM Hymns & Hope with Joel (LR)</p> <p>1:00 PM Open Gym (WC)</p> <p>2:00 PM Dickerson Middle School Orchestra Holiday Music (Front Lobby)</p> <p>2:00 PM Open Swim (WC)</p> <p>4:30 PM Sterling Residents' Holiday Party and Dinner! (DR)</p>	<p>10:30 AM Cottage Sittercise (WC) 20</p> <p>10:30 AM Crafts "Gingerbread House" (AR)</p> <p>11:15 AM Focused Fitness (WC)</p> <p>1:00 PM OUTING: Dahlonega Afternoon Trip and Dinner on the Square (CL)</p> <p>2:00 PM Current Events (AR)</p> <p>2:00 PM Open Gym (WC)</p> <p>3:00 PM Open Swim (WC)</p> <p>4:00 PM Armchair Travels "Rick Steves' European Christmas" (AR)</p> <p>6:00 PM Friday Funnies Movie Time "Elf" (AR)</p>	<p>10:00 AM Coffee and Conversation (CC) 21</p> <p>10:30 AM Cottage Sittercise (WC)</p> <p>11:00 AM "Musical Favorites from the Past" with Tom Parrott (AR)</p> <p>11:15 AM Open Gym (WC)</p> <p>2:00 PM Saturday Snack Bar "Christmas Pretzel Cookies" (AR)</p> <p>4:00 PM Leigh Plays Guitar in the Lobby! (Front Lobby)</p> <p>6:00 PM Evening Movie "Home Alone 2" (AR)</p>
<p>9:00 AM In Touch with Dr. Charles Stanley (Channel 13 in your suite) 22</p> <p>10:30 AM Documentary: Sinatra in Palm Springs (AR)</p> <p>2:00 PM BINGO (AR)</p> <p>3:00 PM Sunday Strings with the Walton High School Quartet (Front Lobby)</p> <p>4:00 PM Games with Friends: UZZLE! (AR)</p> <p>6:00 PM Evening Movie "The Monuments Men" (AR)</p>	<p>10:00 AM Water Aerobics with Christine (Cottage and AL) (WC) 23</p> <p>10:30 AM Cottage Sittercise (WC)</p> <p>11:30 AM Wii Sports (WC)</p> <p>1:00 PM Devotions with Jan Watson (Shelly's Mother!) (CC)</p> <p>2:30 PM Brain Fitness CROSSWORD (AR)</p> <p>2:30 PM Open Gym (WC)</p> <p>3:00 PM Open Swim (WC)</p> <p>4:00 PM BINGO (AR)</p> <p>6:00 PM Evening Movie "Manna From Heaven" (AR)</p>	<p>Christmas Eve 24</p> <p>10:30 AM Cottage Sittercise (WC)</p> <p>11:00 AM Christmas Eve Candlelight Program with Joel (Front Lobby)</p> <p>2:00 PM Open Gym and Open Swim (WC)</p> <p>2:00 PM Pokeno & Prizes (AR)</p> <p>3:00 PM "Name That Tune - HOLIDAY EDITION!" (AR)</p> <p>6:00 PM Evening Movie "A Christmas Story" (AR)</p>	<p>Hanukkah 25</p> <p>Christmas Day</p> <p>11:00 AM Reindeer Games (AR)</p> <p>1:15 PM Documentary: Origins of Christmas (History Channel) (AR)</p> <p>6:00 PM Evening Movie "It's a Wonderful Life" (AR)</p>	<p>10:00 AM Art Class with Scott (AR) 26</p> <p>10:30 AM Cottage Sittercise (WC)</p> <p>11:15 AM Caregiver Support Group Facilitated by Joel (Shelly's Office)</p> <p>1:00 PM Hymns & Hope with Joel (LR)</p> <p>2:00 PM BINGO (AR)</p> <p>2:00 PM Open Gym and Open Swim (WC)</p> <p>3:30 PM Happy Hour with Music Kevin Vosbein on Guitar (Front Lobby)</p> <p>6:00 PM Evening Movie "Earthquake" (AR)</p>	<p>10:00 AM Crafts "Star of David" (AR) 27</p> <p>10:00 AM OUTING: Library (Meet in Front Lobby)</p> <p>10:30 AM Cottage Sittercise (WC)</p> <p>11:15 AM Focused Fitness (WC)</p> <p>11:30 AM Chanukah Celebration with Chabad of Cobb (AR)</p> <p>2:00 PM Current Events (AR)</p> <p>2:00 PM Open Gym and Open Swim (WC)</p> <p>4:00 PM Armchair Travels "The Wonders of Japan" (AR)</p> <p>6:00 PM Friday Funnies Movie Time "National Lampoon's Christmas Vacation" (AR)</p>	<p>10:00 AM Coffee and Conversation (CC) 28</p> <p>10:30 AM Cottage Sittercise (WC)</p> <p>11:15 AM Open Gym (WC)</p> <p>2:00 PM Saturday Snack Bar "Ice Cream Sandwiches" (AR)</p> <p>6:00 PM Evening Movie "My Cousin Vinny" (AR)</p>
<p>9:00 AM In Touch with Dr. Charles Stanley (Channel 13 in your suite) 29</p> <p>11:00 AM Documentaries "Christmas Winter Wonderland / Wildlife Documentary (AR)</p> <p>2:00 PM BINGO (AR)</p> <p>6:00 PM Evening Movie "Waiting for Guffman" (AR)</p>	<p>10:00 AM Water Aerobics with Christine (Cottage and AL) (WC) 30</p> <p>10:30 AM Cottage Sittercise (WC)</p> <p>11:30 AM Wii Sports (WC)</p> <p>1:00 PM Devotions with Jan Watson (Shelly's Mother!) (CC)</p> <p>2:30 PM Brain Fitness SUDOKU (AR)</p> <p>2:30 PM Open Gym (WC)</p> <p>3:00 PM Open Swim (WC)</p> <p>4:00 PM BINGO (AR)</p> <p>6:00 PM Evening Movie "Good Will Hunting" (AR)</p>	<p>New Year's Eve 31</p> <p>10:30 AM Cottage Sittercise (WC)</p> <p>11:00 AM Bible Study with Joel (AR)</p> <p>2:00 PM Open Gym (WC)</p> <p>2:00 PM Pokeno & Prizes (AR)</p> <p>3:00 PM "The Bibliophiles" Book Club 1 Year Anniversary! (CC)</p> <p>3:00 PM Open Swim (WC)</p> <p>6:00 PM Evening Movie "When Harry Met Sally" (AR)</p>	<p>LOCATION KEY</p> <p>AR - Activity Room</p> <p>CC - Casual Cafe</p> <p>DR - Dining Room</p> <p>LR - Living Room</p> <p>CL - The Club</p>		<p>WC - Wellness Center</p>	

December 2024

Cottage Community Calendar

December Book of the Month!

(an oldie but goodie!)



Rated 4.32 stars
with over 400K
reviews!



Special Speakers

12/4 Michael Hitt

“A Historical Double Mystery”

12/16 Wanda Patterson

“A Cherokee Christmas”



Happy Hanukkah to our
Jewish residents!

12/27 “Celebration with
Chabad of Cobb” in
the Activity Room!

Hanukkah begins at sundown on Wednesday,
December 25th and ends on Thursday, January 2nd.

Let's
**MINGLE &
JINGLE**



Sterling Estates Annual Holiday
Dinner Party featuring the Kayla
Taylor Jazz Band!

Thursday, December 19th

December Cottage Residents



Special Outings

Tuesday, 12/3 Cottage Ladies
Luncheon at Atlanta Country Club
Friday, 12/6 The Christkindl Market
at Bulloch Hall in Roswell
Monday, 12/9 Drive-Thru Light Show
“Cosmic Sleighride”
Tuesday, 12/10 Holiday Tour of the
Governor’s Mansion
Friday 12/20 An Afternoon in
Dahlongega with Dinner on the
Square

Don't Miss the Sterling Holiday Market!
Friday, December 13th, 11:00AM - 4:00PM
In the Front Lobby!



Resident Birthdays

Birgitta Rosenthal 12/9
Fred Kaufman 12/21
Don Sharp 12/25
John Hollar 12/30

Employee Birthdays

Jacob Matte 12/6
Eva Moore 12/10
Carey Slater 12/15
Candace Thomas-Elcock 12/15
Ronda Overstreet 12/16
Heather Schell 12/29



HOT COCOA SOCIAL
With
the Dickens Carolers!
Don't miss this fun
event on Friday,
December 6th at
3:00pm!



CANDLELIGHT SERVICE WITH JOEL,
ON CHRISTMAS EVE
AT 11:00AM IN THE LOBBY