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<p>October is National Chili Month!</p>	<p>The World Series begins October 25th!</p>	<p>1 9:00 Meditation with Heather (AR) 9:30 Sittercise (AL) (WC) 10:00 Tuesday Trivia and Calendar Update (CC) 11:00 Bible Study with Joel (AR) 2:00 Open Gym (WC) 2:00 Pokeno & Prizes (AR) 3:00 "Twisted Stitches" Knitting and Crocheting Club (Second Floor Library) 3:00 Open Swim (WC) 4:00 "Name That Tune" (AR) 6:00 Evening Movie "Gifted" (AR)</p>	<p>2 Rosh Hashanah 9:30 Sittercise (AL) (WC) 10:00 Water Aerobics with Christine (Cottage and AL) (WC) 10:00 Publix Shopping 11:00 Games: Pictionary! (AR) 11:15 Focused Fitness (WC) 1:00 Piano with Dixie (LR) 2:00 Open Gym (WC) 2:00 Vaccine Clinic by Guardian Pharmacy (AR) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 6:00 Evening Movie "The Blind Side" (AR)</p>	<p>3 9:00 Meditation with Heather (AR) 9:30 Sittercise (AL) (WC) 10:00 Art Class with Scott (AR) 10:00 Mocha My Day Coffee Truck (FP) 11:15 Caregiver Support Group Facilitated by Joel (Shelly's Office) 1:00 Hymns & Hope with Joel (LR) 1:00 Open Gym (WC) 2:00 BINGO (AR) 2:00 Open Swim (WC) 3:30 Happy Hour with Randy Barnes "Tickling the Ivories" (Front Lobby) 6:00 Evening Movie "Planet of the Apes" 1968 (AR)</p>	<p>4 Rosh Hashanah Ends 9:30 Sittercise (AL) (WC) 10:30 Crafts "Fall Door Decor" (AR) 11:15 Focused Fitness (WC) 1:15 OUTING: Movie- "Reagan" Time TBD (O) 2:00 Current Events (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 3:45 Rosh Hashanah Celebration and Shofar Blowing (AR) 4:15 Armchair Travels "Show/Tell Bring Pictures of YOUR Favorite Vacation!" (AR) 6:00 Friday Funnies Movie Time "Snow Dogs" (AR)</p>	<p>5 9:30 Sittercise (AL) (WC) 10:00 Coffee and Conversation (CC) 11:00 Sterling Music Series with Thayer Naples (AR) 11:15 Open Gym/Open Swim (WC) 12:00 FOOTBALL! Mizzou (11) v Texas A&M (24) (AR) 2:00 Saturday Snack Bar "Ice Cream and Oreos" (AR) 4:00 Game: Tumbling Tower! (AR) 6:00 Evening Movie "Slumdog Millionaire" Winner of 8 Academy Awards (AR)</p>
<p>6 9:00 In Touch with Dr. Charles Stanley (Channel 13 in your suite) 10:00 Catholic Mass (AR) 10:00 Holy Family Catholic Communion (AR) 11:00 Documentaries "Alexander Hamilton the Key to America" AND "Welcome to Alexander Hamilton's Birthplace" (AR) 2:00 BINGO (AR) 3:00 Eight Week Series: "The Chosen" Episode 1 (AR) 3:30 OUTING: The Magnolia Ball at Johnson Ferry Baptist Church (O) 4:00 Games with Friends: Resident Choice! (AR) 6:00 Evening Movie "About a Boy" (AR)</p>	<p>7 9:30 Sittercise (AL) (WC) 10:00 Monday Morning Coffee and Conversations (AR) 10:00 Water Aerobics with Christine (Cottage and AL) (WC) 11:30 Wii Sports (WC) 12:45 Happy Tails (LR) 1:00 Devotions with Jan Watson (Shelly's Mother!) (CC) 2:00 Open Gym (WC) 2:30 Brain Fitness "WORDLE" (AR) 3:00 Open Swim (WC) 4:00 BINGO (AR) 6:00 Evening Movie "Made of Honor" (AR)</p>	<p>8 9:00 Meditation with Heather (AR) 9:30 Sittercise (AL) (WC) 10:00 Tuesday Trivia and Calendar Update (CC) 11:00 Bible Study with Joel (AR) 1:30 Wii Bowling at Sterling East (WC) 2:00 Open Gym (WC) 2:30 Pokeno & Prizes (AR) 3:00 "Twisted Stitches" Knitting and Crocheting Club (Second Floor Library) 3:00 Open Swim (WC) 4:00 Mandala Art (AR) 6:00 Evening Movie "Doubt" Nominated for 5 Academy Awards (AR)</p>	<p>9 9:30 Sittercise (AL) (WC) 10:00 Water Aerobics with Christine (Cottage and AL) (WC) 10:00 Publix Shopping 11:00 Games: Pictionary! (AR) 11:15 Focused Fitness (WC) 1:00 Piano with Dixie (LR) 2:00 Games: Wheel of Fortune (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 3:30 Broadway Play! HAMILTON (Part 1) (AR) 6:00 Broadway Play! HAMILTON (Part 2) (AR)</p>	<p>10 9:00 Meditation with Heather (AR) 9:30 Yoga (Landmark Building Residents) (WC) 10:00 Art Class with Scott (AR) 11:15 Caregiver Support Group Facilitated by Joel (Shelly's Office) 1:00 Hymns & Hope with Joel (LR) 1:00 Open Gym (WC) 2:00 BINGO (AR) 2:00 Open Swim (WC) 3:30 Happy Hour with Jeni Michelson on the Piano (Front Lobby) 6:00 Evening Movie "King Kong" 1976 (AR)</p>	<p>11 Yom Kippur Begins 9:30 Sittercise (AL) (WC) 10:15 OUTING: New Echota: The Cherokee Capital (O) 10:30 Crafts - EDIBLE! (AR) 11:15 Focused Fitness (WC) 2:00 Current Events (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 4:00 Armchair Travels "Leaf Peeping in Vermont - Fall 2021 Episode 6" (AR) 6:00 Friday Funnies Movie Time "Water Boy" (AR)</p>	<p>12 Yom Kippur Ends 9:30 Sittercise (AL) (WC) 10:00 Coffee and Conversation (CC) 11:00 "Musical Favorites from the Past" with Tom Parrott (AR) 11:15 Open Gym/Open Swim (WC) 12:00 FOOTBALL! (AR) 2:00 Saturday Snack Bar "Root Beer Floats" (AR) 4:00 Leigh Plays Guitar in the Lobby! (Front Lobby) 6:00 Evening Movie "Spiderman" (AR)</p>
<p>13 National M&M Day Breast Cancer Awareness Day 9:00 In Touch with Dr. Charles Stanley (Channel 13 in your suite) 10:00 Catholic Mass (AR) 11:00 Documentaries "Blue Ridge Parkway" by Great Scenic Railways (AR) 2:00 BINGO (AR) 3:00 Eight Week Series: "The Chosen" Episode 2 (AR) 4:00 Games with Friends: Resident Choice! (AR) 6:00 Evening Movie "Red" (AR)</p>	<p>14 Indigenous Peoples' Day 9:30 Sittercise (AL) (WC) 10:00 Monday Morning Coffee and Conversations (AR) 11:30 Wii Sports (WC) 1:00 Devotions with Jan Watson (Shelly's Mother!) (CC) 2:00 Open Gym (WC) 2:30 Brain Fitness "SUDOKU" (AR) 3:00 Open Swim (WC) 4:00 BINGO (AR) 6:00 Evening Movie "Two Weeks Notice" (AR)</p>	<p>15 9:00 Meditation with Heather (AR) 9:30 Sittercise (AL) (WC) 9:30 Podiatrist Visit (WC) 10:00 Tuesday Trivia and Calendar Update (CC) 11:00 Bible Study with Joel (AR) 1:00 Resident Council Meeting (AR) 2:00 Open Gym (WC) 2:00 Pokeno & Prizes (AR) 3:00 "Twisted Stitches" Knitting and Crocheting Club (Second Floor Library) 3:00 Open Swim (WC) 4:00 "Name That Tune" (AR) 6:00 Evening Movie "Mona Lisa Smile" (AR)</p>	<p>16 8:30 Men's Breakfast - Meet Chuck Casto! (AR) 9:30 Sittercise (AL) (WC) 10:00 Publix Shopping 11:00 Games: Pictionary! (AR) 11:15 Focused Fitness (WC) 1:00 Piano with Dixie (LR) 1:00 Massage Therapy (WC) 2:00 Games: Jeopardy (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 4:00 BUNCO Dice Game (AR) 6:00 Evening Movie "Superman II" 1981 (AR)</p>	<p>17 9:00 Meditation with Heather (AR) 9:30 Sittercise (AL) (WC) 10:00 Art Class with Scott (AR) 11:15 Caregiver Support Group Facilitated by Joel (Shelly's Office) 1:00 Hymns & Hope with Joel (LR) 1:00 Open Gym (WC) 2:00 BINGO (AR) 2:00 Open Swim (WC) 3:30 Happy Hour with Keenan Blount! (DR) 6:00 Evening Movie "Gambit" (AR)</p>	<p>18 9:30 Sittercise (AL) (WC) 10:30 Crafts "Red Apple Candy Container" (AR) 11:15 Focused Fitness (WC) 2:00 Current Events (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 4:00 Armchair Travels "Transylvania Castle Tour: Inside Dracula's Bran Castle & Peles Castle" (AR) 6:00 Friday Funnies Movie Time "Practical Magic" (AR)</p>	<p>19 9:30 Sittercise (AL) (WC) 9:30 Social with Breakfast Snacks Provided by Johnson Ferry Baptist Church Families (AR) 11:00 Sterling Music Series with Thayer Naples (AR) 11:15 Open Gym/Open Swim (WC) 12:00 FOOTBALL! (AR) 2:00 Saturday Snack Bar "Popcorn Bar" (AR) 4:00 Game: Tumbling Tower! (AR) 6:00 Evening Movie "Sleepy Hollow" (AR)</p>
<p>20 9:00 In Touch with Dr. Charles Stanley (Channel 13 in your suite) 10:00 Catholic Mass (AR) 10:00 Holy Family Catholic Communion (AR) 11:00 Documentaries "Take Me to Pitcairn" (AR) 1:00 Sketching with Seniors Art Class (AR) 2:00 BINGO (AR) 3:00 Eight Week Series: "The Chosen" Episode 3 (AR) 4:00 Games with Friends: Resident Choice! (AR) 6:00 Evening Movie "Forrest Gump" (AR)</p>	<p>21 9:30 Sittercise (AL) (WC) 10:00 Monday Morning Coffee and Conversations (AR) 10:00 Water Aerobics with Christine (Cottage and AL) (WC) 11:15 Alliance of Therapy Dogs - Georgia and Iggy! (Front Lobby) 11:30 Wii Sports (WC) 1:00 Devotions with Jan Watson (Shelly's Mother!) (CC) 2:00 Open Gym (WC) 2:30 New Resident Social (AR) 3:00 Open Swim (WC) 4:00 BINGO (AR) 6:00 Evening Movie "13 Going on 30" (AR)</p>	<p>22 9:00 Meditation with Heather (AR) 9:30 Sittercise (AL) (WC) 10:00 Tuesday Trivia and Calendar Update (CC) 11:00 Bible Study with Joel (AR) 2:00 Open Gym (WC) 2:00 Pokeno & Prizes (AR) 3:00 "Twisted Stitches" Knitting and Crocheting Club (Second Floor Library) 3:00 Open Swim (WC) 4:00 Mandala Art (AR) 6:00 Evening Movie "Rise of the Planet of the Apes" 2011 (AR)</p>	<p>23 9:30 Sittercise (AL) (WC) 10:00 Water Aerobics with Christine (Cottage and AL) (WC) 11:00 Games: Pictionary! (AR) 11:15 Focused Fitness (WC) 1:00 Piano with Dixie (LR) 2:00 BINGO *This is day early due to our Fall Festival!* (CC) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 4:00 BUNCO Dice Game (AR) 6:00 Evening Movie "Dave" (AR)</p>	<p>24 9:00 Meditation with Heather (AR) 9:30 Yoga (Landmark Building Residents) (WC) 10:00 Art Class with Scott "Halloween Edition!" (AR) 10:00 Publix Shopping (This is a day change!) 11:15 Caregiver Support Group Facilitated by Joel (Shelly's Office) 1:00 Hymns & Hope with Joel (LR) 1:00 Open Gym (WC) 1:15 Wellness Seminar: Community and Home Safety Tips for Seniors (AR) 2:00 FALL FESTIVAL with the Porch Pickers Bluegrass Band! (FP) 6:00 Evening Movie "Arabesque" (AR)</p>	<p>25 9:30 Senior Fitness Testing (WC) 10:00 OUTING: Library (Meet in Front Lobby) 10:30 Edible Craft for Halloween! (AR) 11:15 Focused Fitness (WC) 2:00 Current Events (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 4:00 Armchair Travels "Visit Sleepy Hollow: A Real Hometown Tour" (AR) 6:00 Friday Funnies Movie Time "Beethoven's 5th" (AR)</p>	<p>26 9:30 Sittercise (AL) (WC) 10:00 Coffee and Conversation (CC) 11:00 "Musical Favorites from the Past" with Tom Parrott (AR) 11:15 Open Gym/Open Swim (WC) 12:00 FOOTBALL! (AR) 2:00 Saturday Snack Bar "Halloween Snacks" (AR) 4:00 Leigh Plays Guitar in the Lobby! (Front Lobby) 6:00 Evening Movie "Misery" Kathy Bates won Best Actress! (AR)</p>
<p>27 9:00 In Touch with Dr. Charles Stanley (Channel 13 in your suite) 10:00 Catholic Mass (AR) 11:00 Documentaries "Planet Earth" Episode 1 (AR) 2:00 BINGO (AR) 2:00 OUTING: "Sounds of the Spirit" Orpheus Men's Ensemble at Roswell United Methodist Church (Front Lobby) 3:00 Eight Week Series: "The Chosen" Episode 4 (AR) 4:00 Games with Friends: Resident Choice! (AR) 6:00 Evening Movie "Beetlejuice" (AR)</p>	<p>28 9:30 Sittercise (AL) (WC) 10:00 Monday Morning Coffee and Conversations (AR) 10:00 Water Aerobics with Christine (Cottage and AL) (WC) 11:30 Wii Sports (WC) 1:00 Devotions with Jan Watson (Shelly's Mother!) (CC) 2:00 Open Gym (WC) 2:30 SPEAKER: Wanda Patterson - "Civil War and the Cherokee" (AR) 3:00 Open Swim (WC) 4:00 BINGO (AR) 6:00 Evening Movie "My Best Friend's Wedding" (AR)</p>	<p>29 9:00 Meditation with Heather (AR) 9:30 Sittercise (AL) (WC) 10:00 Tuesday Trivia and Calendar Update (CC) 11:00 Bible Study with Joel (AR) 12:45 Wii Bowling Tournament: Outing to Sterling West (WC) 2:00 Open Gym (WC) 2:00 Pokeno & Prizes (AR) 3:00 "The Bibliophiles" Book Club (Library) 3:00 "Twisted Stitches" Knitting and Crocheting Club (Second Floor Library) 3:00 Open Swim (WC) 4:00 "Name That Tune" (AR) 6:00 Evening Movie "Argo" A True Story! (AR)</p>	<p>30 9:30 Sittercise (AL) (WC) 10:00 Water Aerobics with Christine (Cottage and AL) (WC) 10:00 Publix Shopping 11:00 Games: Pictionary! (AR) 11:15 Focused Fitness (WC) 1:00 Piano with Dixie (LR) 2:00 BINGO *Note this is a day earlier* (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 4:00 BUNCO Dice Game (AR) 6:00 Evening Movie "Hocus Pocus" (AR)</p>	<p>31 Halloween 9:00 Meditation with Heather (AR) 9:30 Sittercise (AL) (WC) 10:00 Art Class with Scott (AR) 11:15 Caregiver Support Group Facilitated by Joel (Shelly's Office) 1:00 Hymns & Hope with Joel (LR) 1:00 Open Gym (WC) 2:00 Monster Mash! Sterling Halloween Costume Party! (DR) 3:30 Halloween Happy Hour with Loose Shoes (Front Lobby) 6:00 Evening Movie "Witches of Eastwick" (AR)</p>	<p>LOCATION KEY AR - Activity Room CC - Casual Cafe DR - Dining Room FP - Front Porch LR - Living Room</p>	<p>O - Outing WC - Wellness Center</p>

October 2024
Activity and Social Calendar

