

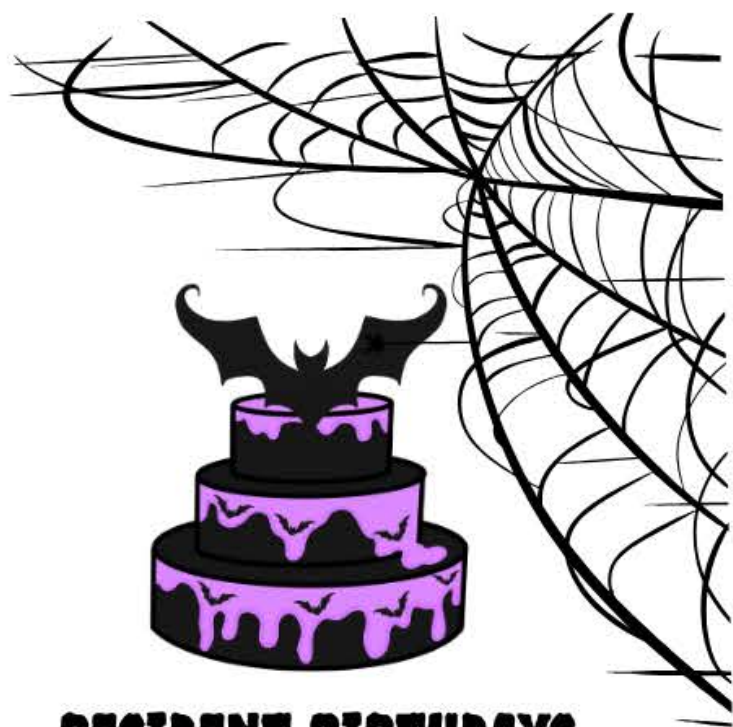
SUN	MON	TUE	WED	THUR	FRI	SAT
October is National Chili Month!	The World Series begins on October 25th!	10:30 AM Cottage Sittercise (WC) 1 11:00 AM Bible Study with Joel (AR) 2:00 PM Open Gym (WC) 2:00 PM Pokeno & Prizes (AR) 3:00 PM Open Swim (WC) 4:00 PM "Name That Tune" (AR) 6:00 PM Evening Movie "Gifted" (AR)	Rosh Hashanah 10:00 AM Water Aerobics with Christine (Cottage and AL) (WC) 2 10:30 AM Cottage Sittercise (WC) 11:00 AM Games: Pictionary! (AR) 11:15 AM Focused Fitness (WC) 2:00 PM Open Gym (WC) 2:00 PM Vaccine Clinic by Guardian Pharmacy (AR) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:30 PM Cottage Residents' Happy Hour and Dinner (CL)	10:00 AM Art Class with Scott (AR) 3 10:00 AM Mocha My Day Coffee Truck (FP) 10:30 AM Cottage Sittercise (WC) 11:15 AM Caregiver Support Group Facilitated by Joel (Shelly's Office) 1:00 PM Hymns & Hope with Joel (LR) 1:00 PM Open Gym (WC) 2:00 PM BINGO (AR) 2:00 PM Open Swim (WC) 3:30 PM Happy Hour with Randy Barnes "Tickling the Ivories" (Front Lobby) 6:00 PM Evening Movie "Planet of the Apes" 1968 (AR)	Rosh Hashanah Ends 10:30 AM Cottage Sittercise (WC) 4 11:15 AM Focused Fitness (WC) 1:15 PM OUTING: Movie- "Reagan" Time TBD (O) 2:00 PM Current Events (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:45 PM Rosh Hashanah Celebration and Shofar Blowing (AR) 4:15 PM Armchair Travels "Show/Tell Bring Pictures of YOUR Favorite Vacation!" (AR) 6:00 PM Friday Funnies Movie Time "Snow Dogs" (AR)	10:00 AM Coffee and Conversation (CC) 5 10:30 AM Cottage Sittercise (WC) 11:00 AM Sterling Music Series with Thayer Naples (AR) 11:15 AM Open Gym/Open Swim (WC) 12:00 PM FOOTBALL! Mizzou (11) v Texas A&M (24) (AR) 2:00 PM Saturday Snack Bar "Ice Cream and Oreos" (AR) 4:00 PM Game: Tumbling Tower! (AR) 6:00 PM Evening Movie "Slumdog Millionaire" Winner of 8 Academy Awards (AR)
9:00 AM In Touch with Dr. Charles Stanley (Channel 13 in your suite) 6 10:00 AM Holy Family Catholic Communion (AR) 11:00 AM Documentaries "Alexander Hamilton the Key to America" AND "Welcome to Alexander Hamilton's Birthplace" (AR) 2:00 PM BINGO (AR) 3:00 PM Eight Week Series: "The Chosen" Episode 1 (AR) 4:00 PM Games with Friends: Resident Choice! (AR) 6:00 PM Evening Movie "About a Boy" (AR)	10:00 AM Water Aerobics with Christine (Cottage and AL) (WC) 7 10:30 AM Cottage Sittercise (WC) 11:30 AM Wii Sports (WC) 1:00 PM Devotions with Jan Watson (Shelly's Mother!) (CC) 2:00 PM Open Gym (WC) 2:30 PM Brain Fitness "WORDLE" (AR) 3:00 PM Open Swim (WC) 4:00 PM BINGO (AR) 6:00 PM Evening Movie "Made of Honor" (AR)	10:30 AM Cottage Sittercise (WC) 8 11:00 AM Bible Study with Joel (AR) 11:00 AM "Cottage Ladies Who Lunch" 1920 on Canton in Roswell (Front Lobby) 1:30 PM Wii Bowling at Sterling East (WC) 2:00 PM Open Gym (WC) 2:30 PM Pokeno & Prizes (AR) 3:00 PM Open Swim (WC) 6:00 PM Evening Movie "Doubt" Nominated for 5 Academy Awards (AR)	10:00 AM Water Aerobics with Christine (Cottage and AL) (WC) 9 10:30 AM Cottage Sittercise (WC) 11:00 AM Games: Pictionary! (AR) 11:15 AM Focused Fitness (WC) 2:00 PM Games: Wheel of Fortune (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:30 PM Cottage Residents' Happy Hour and Dinner with Thayer Naples! (CL)	10:00 AM Art Class with Scott (AR) 10 10:30 AM Yoga (Cottage Residents) (WC) 11:15 AM Caregiver Support Group Facilitated by Joel (Shelly's Office) 1:00 PM Hymns & Hope with Joel (LR) 1:00 PM Open Gym (WC) 2:00 PM BINGO (AR) 2:00 PM Open Swim (WC) 3:30 PM Happy Hour with Jeni Michelson on the Piano (Front Lobby) 6:00 PM Evening Movie "King Kong" 1976 (AR) 6:15 PM Feisty Fossils Cottage Owners Social (Library)	Yom Kippur Begins 10:15 AM OUTING: New Echota: The Cherokee Capital (O) 11 10:30 AM Cottage Sittercise (WC) 11:15 AM Focused Fitness (WC) 2:00 PM Current Events (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 4:00 PM Armchair Travels "Leaf Peeping in Vermont - Fall 2021 Episode 6" (AR) 6:00 PM Friday Funnies Movie Time "Water Boy" (AR)	Yom Kippur Ends 10:00 AM Coffee and Conversation (CC) 12 10:30 AM Cottage Sittercise (WC) 11:00 AM "Musical Favorites from the Past" with Tom Parrott (AR) 11:15 AM Open Gym/Open Swim (WC) 12:00 PM FOOTBALL! (AR) 2:00 PM Saturday Snack Bar "Root Beer Floats" (AR) 4:00 PM Leigh Plays Guitar in the Lobby! (Front Lobby) 6:00 PM Evening Movie "Spiderman" (AR)
Breast Cancer Awareness Day National M&M Day 13 9:00 AM In Touch with Dr. Charles Stanley (Channel 13 in your suite) 11:00 AM Documentaries "Blue Ridge Parkway" by Great Scenic Railways (AR) 2:00 PM BINGO (AR) 3:00 PM Eight Week Series: "The Chosen" Episode 2 (AR) 4:00 PM Games with Friends: Resident Choice! (AR) 6:00 PM Evening Movie "Red" (AR)	Indigenous Peoples' Day 14 10:30 AM Cottage Sittercise (WC) 11:30 AM Wii Sports (WC) 1:00 PM Devotions with Jan Watson (Shelly's Mother!) (CC) 2:00 PM Open Gym (WC) 2:30 PM Brain Fitness "SUDOKU" (AR) 3:00 PM Open Swim (WC) 4:00 PM BINGO (AR) 6:00 PM Evening Movie "Two Weeks Notice" (AR)	9:30 AM Podiatrist Visit (WC) 15 10:30 AM Cottage Sittercise (WC) 11:00 AM Bible Study with Joel (AR) 2:00 PM Open Gym (WC) 2:00 PM Pokeno & Prizes (AR) 3:00 PM Open Swim (WC) 4:00 PM "Name That Tune" (AR) 6:00 PM Evening Movie "Mona Lisa Smile" (AR)	8:30 AM Men's Breakfast - Meet Chuck Casto! (AR) 16 10:30 AM Cottage Sittercise (WC) 11:00 AM Games: Pictionary! (AR) 11:15 AM Focused Fitness (WC) 1:00 PM Massage Therapy (WC) 2:00 PM Games: Jeopardy (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:30 PM Cottage Residents' Happy Hour and Dinner (CL)	10:00 AM Art Class with Scott (AR) 17 10:30 AM Cottage Sittercise (WC) 11:15 AM Caregiver Support Group Facilitated by Joel (Shelly's Office) 1:00 PM Hymns & Hope with Joel (LR) 1:00 PM Open Gym (WC) 2:00 PM BINGO (AR) 2:00 PM Open Swim (WC) 3:30 PM Happy Hour with Keenan Blount! (DR) 6:00 PM Evening Movie "Gambit" (AR)	10:30 AM Cottage Sittercise (WC) 18 10:30 AM Crafts "Red Apple Candy Container" (AR) 11:15 AM Focused Fitness (WC) 2:00 PM Current Events (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 4:00 PM Armchair Travels "Transylvania Castle Tour: Inside Dracula's Bran Castle & Peles Castle" (AR) 6:00 PM Friday Funnies Movie Time "Practical Magic" (AR)	9:30 AM Social with Breakfast Snacks Provided by Johnson Ferry Baptist Church Families (AR) 19 10:30 AM Cottage Sittercise (WC) 11:00 AM Sterling Music Series with Thayer Naples (AR) 11:15 AM Open Gym/Open Swim (WC) 12:00 PM FOOTBALL! (AR) 2:00 PM Saturday Snack Bar "Popcorn Bar" (AR) 4:00 PM Game: Tumbling Tower! (AR) 6:00 PM Evening Movie "Sleepy Hollow" (AR)
9:00 AM In Touch with Dr. Charles Stanley (Channel 13 in your suite) 20 10:00 AM Holy Family Catholic Communion (AR) 11:00 AM Documentaries "Take Me to Pitcairn" (AR) 2:00 PM BINGO (AR) 3:00 PM Eight Week Series: "The Chosen" Episode 3 (AR) 4:00 PM Games with Friends: Resident Choice! (AR) 6:00 PM Evening Movie "Forrest Gump" (AR)	10:00 AM Water Aerobics with Christine (Cottage and AL) (WC) 21 10:30 AM Cottage Sittercise (WC) 11:30 AM Wii Sports (WC) 1:00 PM Devotions with Jan Watson (Shelly's Mother!) (CC) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 4:00 PM BINGO (AR) 6:00 PM Evening Movie "13 Going on 30" (AR)	9:15 AM OUTING: Cottage Residents Leaf Peeping Overnight Excursion (Front Lobby) 22 10:30 AM Cottage Sittercise (WC) 11:00 AM Bible Study with Joel (AR) 2:00 PM Open Gym (WC) 2:00 PM Pokeno & Prizes (AR) 3:00 PM Open Swim (WC) 6:00 PM Evening Movie "Rise of the Planet of the Apes" 2011 (AR)	8:00 AM OUTING: Cottage Residents Leaf Peeping Overnight Excursion (Front Lobby) 23 10:00 AM Water Aerobics with Christine (Cottage and AL) (WC) 10:30 AM Cottage Sittercise (WC) 11:00 AM Games: Pictionary! (AR) 11:15 AM Focused Fitness (WC) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:30 PM Cottage Residents Happy Hour and Dinner (CL)	10:00 AM Art Class with Scott "Halloween Edition!" (AR) 24 10:30 AM Yoga (Cottage Residents) (WC) 11:15 AM Caregiver Support Group Facilitated by Joel (Shelly's Office) 1:00 PM Hymns & Hope with Joel (LR) 1:00 PM Open Gym (WC) 1:15 PM Wellness Seminar: Community and Home Safety Tips for Seniors (AR) 2:00 PM FALL FESTIVAL with the Porch Pickers Bluegrass Band! (FP) 6:00 PM Evening Movie "Arabesque" (AR)	9:30 AM Senior Fitness Testing (WC) 25 10:00 AM OUTING: Library (Meet in Front Lobby) 10:30 AM Edible Craft for Halloween! (AR) 11:15 AM Focused Fitness (WC) 2:00 PM Current Events (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 4:00 PM Armchair Travels "Visit Sleepy Hollow: A Real Halloweentown Tour" (AR) 6:00 PM Friday Funnies Movie Time "Beethoven's 5th" (AR)	10:00 AM Coffee and Conversation (CC) 26 10:30 AM Cottage Sittercise (WC) 11:00 AM "Musical Favorites from the Past" with Tom Parrott (AR) 11:15 AM Open Gym/Open Swim (WC) 12:00 PM FOOTBALL! (AR) 2:00 PM Saturday Snack Bar "Halloween Snacks" (AR) 4:00 PM Leigh Plays Guitar in the Lobby! (Front Lobby) 6:00 PM Evening Movie "Misery" Kathy Bates won Best Actress! (AR)
9:00 AM In Touch with Dr. Charles Stanley (Channel 13 in your suite) 27 11:00 AM Documentaries "Planet Earth" Episode 1 (AR) 2:00 PM BINGO (AR) 2:00 PM OUTING: "Sounds of the Spirit" Orpheus Men's Ensemble at Roswell United Methodist Church (Front Lobby) 3:00 PM Eight Week Series: "The Chosen" Episode 4 (AR) 4:00 PM Games with Friends: Resident Choice! (AR) 6:00 PM Evening Movie "Beetlejuice" (AR)	10:00 AM Water Aerobics with Christine (Cottage and AL) (WC) 28 10:30 AM Cottage Sittercise (WC) 11:30 AM Wii Sports (WC) 1:00 PM Devotions with Jan Watson (Shelly's Mother!) (CC) 2:00 PM Open Gym (WC) 2:30 PM SPEAKER: Wanda Patterson - "Civil War and the Cherokee" (AR) 3:00 PM Open Swim (WC) 4:00 PM BINGO (AR) 6:00 PM Evening Movie "My Best Friend's Wedding" (AR)	10:30 AM Cottage Sittercise (WC) 29 11:00 AM Bible Study with Joel (AR) 12:45 PM Wii Bowling Tournament: Outing to Sterling West (WC) 2:00 PM Open Gym (WC) 2:00 PM Pokeno & Prizes (AR) 3:00 PM "The Bibliophiles" Book Club (Library) 3:00 PM Open Swim (WC) 4:00 PM "Name That Tune" (AR) 6:00 PM Evening Movie "Argo" A True Story! (AR)	10:00 AM Water Aerobics with Christine (Cottage and AL) (WC) 30 10:30 AM Cottage Sittercise (WC) 11:00 AM Games: Pictionary! (AR) 11:15 AM Focused Fitness (WC) 2:00 PM BINGO *Note this is a day earlier* (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:15 PM Cottage Residents' Trivia Happy Hour and Dinner (CL)	Halloween 31 10:00 AM Art Class with Scott (AR) 10:30 AM Cottage Sittercise (WC) 11:15 AM Caregiver Support Group Facilitated by Joel (Shelly's Office) 1:00 PM Hymns & Hope with Joel (LR) 1:00 PM Open Gym (WC) 2:00 PM Monster Mash! Sterling Halloween Costume Party! (DR) 3:30 PM Halloween Happy Hour with Loose Shoes (Front Lobby) 6:00 PM Evening Movie "Witches of Eastwick" (AR)	LOCATION KEY AR - Activity Room CC - Casual Cafe DR - Dining Room FP - Front Porch LR - Living Room O - Outing CL - The Club WC - Wellness Center	

October 2024

Cottage Community Calendar



Hello OCTOBER

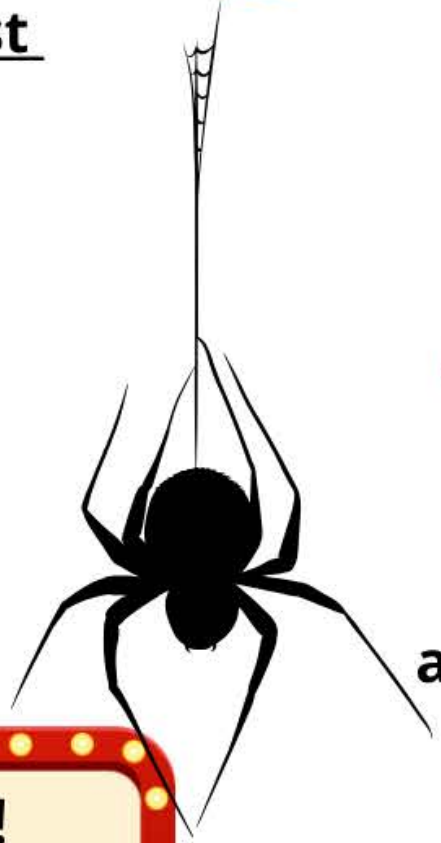


Thursday, October 31st

"MONSTER MASH"

Halloween Party with Loose Shoes playing spooky music!

PRIZES AWARDED FOR BEST COSTUMES!



Cottage Residents

FALL Festival



Thursday, October 24th
with the Porch Pickers
and fun for all on the front lawn and porch!

OCTOBER OUTINGS

- 10/4 - Movies: Reagan
- 10/8 Cottage Ladies Luncheon at 1920 in Roswell
- 10/11 - New Echota, the Cherokee Capital
- 10/22 -23 Leaf Peeping Excursion in NC
- 10/25 East Cobb Library
- 10/27 - Orpheus Men's Choral Ensemble at Roswell UMC

RESIDENT BIRTHDAYS

- Herschelle Challenor 10/5
- Barbara Dillingham 10/8
- Marilyn Crawford 10/9
- Linda Bernabo 10/17
- Fleming Rowell 10/18
- John Beal 10/22
- Ron Sanders 10/23
- Joanne Reale 10/28
- Ellen Buckley 10/28
- Linda Shearon 10/30

EMPLOYEE BIRTHDAYS

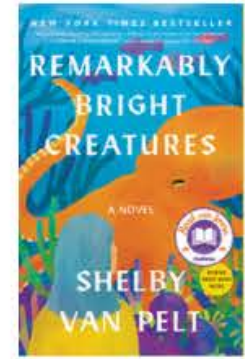
- Shelly Hill 10/8
- Gretchen Kincer 10/18
- Maria Stohr 10/19
- Denetra Little 10/21
- Tenita Harris 10/26



STERLING PREMIERE

HAMILTON!
OCTOBER 16TH
in the activity room

The Bibliophiles October Pick



Rated 4.6 stars!