

SUN MON TUE WED THUR FRI SAT

LOCATION KEY BBC - Bocce Ball Court HAS - Hampton Art Studio HC - Hampton Club	HMR - Hampton Media Room LAR - Landmark Activity Room LC - Landmark Courtyard	LDR - Landmark Dining Room LFL - Landmark Front Lobby LFP - Landmark Front Porch	LLT - Landmark Legacy Terrace SL - Stratford Lounge WC - Wellness Center Pool - Wellness Center Pool	9:00 AM Power Up (WC) 9:00 AM Aqua Power (Pool) 9:30 AM Morning Fitness (WC) 10:00 AM Crafts With Agape (LAR) 11:00 AM Sterling Bridge Club (HMR) 2:30 PM Hand & Foot Card Game (HMR) 3:00 PM Stretch and Relaxation Class (WC) 3:30 PM Happy Hour with Live Music (LFL)	9:00 AM Yoga (WC) 9:30 AM Morning Fitness (WC) 10:00 AM Mystery Activity (LAR) 1:00 PM History Club (LAR) 2:30 PM Dominos (HMR) 2:30 PM Sterling Olympics (LDR) 5:45 PM Game Night (LDR)	9:00 AM Power Up (WC) 9:30 AM Morning Fitness (WC) 10:00 AM Brain Games (LAR) 10:30 AM Giant Crossword (LAR) 1:00 PM Rummikub (SL) 1:30 PM Bingo (LAR) 2:30 PM Surprise Hour with Taylor (LAR) 3:30 PM Golden Oldies Music Hour (LAR) 6:00 PM Game Night (LAR)
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10:45 AM Sterling Church Service (LAR) 11:00 AM First Presbyterian Church of Marietta (HMR) 1:00 PM Mystery Trivia (LFL) 3:00 PM Sunday Social with Refreshments (LAR) 4:00 PM Music Bingo (LAR)	9:00 AM Yoga (WC) 9:30 AM Morning Fitness (WC) 10:00 AM Sterling Bible Study (HMR) 11:00 AM Sterling Scholars Olympic Season Edition (LAR) 1:30 PM Let's Play Mahjong! (SL) 1:30 PM Poker Club (HMR) 2:00 PM Gadget Gal Explains! (HMR) 2:00 PM Sterling Olympics Viewing Party (Pool) 2:00 PM Sterling Olympics-Pool Foot Race (WC) 2:00 PM Zumba (WC) 3:00 PM Sterling Olympics - Freestyle Swim (WC) 3:00 PM Stretch and Relaxation Class (WC) 6:00 PM Line Dancing with Nurse Laura (SL)	9:00 AM Aqua Power (Pool) 10:00 AM Sterling Olympics - Shotput (LC) 10:30 AM Catholic Communion Service (LAR) 11:00 AM Sterling Olympics - Football Throw (LC) 1:00 PM Rummikub (SL) 1:00 PM Ladies' Bridge (HMR) 1:30 PM Bingo (LAR) 3:00 PM Stretch and Relaxation Class (WC) 3:30 PM Bible Study with Mic Knox (LAR)	9:30 AM Shopping: Walmart (LFL) 10:00 AM Massage (WC) 10:00 AM Sterling Olympics - Soccer Kick (LC) 10:00 AM Support Group (SL) 10:00 AM Word Game (LAR) 11:00 AM Sterling Olympics - Stationary Bike Race (WC) 1:00 PM Cocktail Class (LAR) 2:00 PM Water Aerobics (WC) 2:00 PM Cooking Show w/ Amy and Taylor (LAR) 3:00 PM Knit & Crochet Club (SL) 3:00 PM Stretch and Relaxation Class (WC) 4:00 PM Hymns & Hope w/ Joel (LFL)	9:00 AM Power Up (WC) 9:00 AM Aqua Power (Pool) 9:30 AM Morning Fitness (WC) 10:00 AM Let's Play Ball! (LAR) 10:30 AM Braves Game at Truist (HC) 11:00 AM Audio Book Club (LLT) 11:00 AM Sterling Bridge Club (HMR) 1:00 PM Watermelon on the Porch (LFP) 2:00 PM Sterling Olympics Viewing Party (WC) 2:00 PM Sterling Olympics - Bench Press (WC) 2:30 PM Hand & Foot Card Game (HMR) 3:00 PM Sterling Olympics - Leg Press (WC) 3:30 PM Happy Hour with Live Music (LFL)	9:00 AM Yoga (WC) 9:30 AM Morning Fitness (WC) 10:00 AM Mystery Activity (LAR) 10:00 AM Olympic Outing to TopGolf (LFL) 1:00 PM History Club (LAR) 2:30 PM Dominos (HMR) 3:00 PM Stretch and Relaxation Class (WC) 5:45 PM Game Night (LDR)	9:00 AM Power Up (WC) 9:30 AM Morning Fitness (WC) 10:00 AM Brain Games (LAR) 10:30 AM Giant Crossword (LAR) 1:00 PM Rummikub (SL) 1:30 PM Bingo (LAR) 2:30 PM Surprise Hour with Taylor (LAR) 3:00 PM Stretch and Relaxation Class (WC) 3:30 PM Golden Oldies Music Hour (LAR) 6:00 PM Game Night (LAR)
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10:45 AM Sterling Church Service (LAR) 11:00 AM First Presbyterian Church of Marietta (HMR) 1:00 PM Mystery Trivia (LFL) 3:00 PM Sunday Social with Refreshments (LAR) 4:00 PM Music Bingo (LAR)	9:00 AM Yoga (WC) 9:30 AM Morning Fitness (WC) 10:00 AM Sterling Bible Study (HMR) 10:00 AM Sterling Olympics - Free throw (LC) 11:00 AM Sterling Olympics - 3 Point Shot (LC) 11:00 AM Sterling Scholars Olympic Season Edition (LAR) 1:30 PM Let's Play Mahjong! (SL) 1:30 PM Poker Club (HMR) 2:00 PM Water Aerobics (WC) 3:00 PM Stretch and Relaxation Class (WC) 7:00 PM Line Dancing with Nurse Laura (SL)	9:00 AM Aqua Power (Pool) 10:00 AM Sterling Olympics - Lawn Bowling (BBC) 10:30 AM Catholic Communion Service (LAR) 1:00 PM Rummikub (SL) 1:00 PM Ladies' Bridge (HMR) 1:30 PM Bingo (LAR) 2:00 PM Sterling Olympics - Hole in One (WC) 3:30 PM Bible Study with Mic Knox (LAR) 4:00 PM Team Trivia Night (HC) 7:00 PM Widow Support Group w/ Trudy Green (LAR)	9:00 AM Yoga (WC) 9:30 AM Morning Fitness (WC) 9:30 AM Shopping: Kroger (LFL) 10:00 AM Massage (WC) 10:00 AM Stick it to the Beat (LAR) 10:00 AM Support Group (SL) 10:30 AM On-site Jewelry Repair (LFL) 11:15 AM Parkinson's Exercise Class (WC) 1:00 PM Silly Bean Auction (LAR) 1:00 PM Sterling Olympics - Bowling at Stars and Strikes (Landmark Lobby) 2:00 PM Water Aerobics (WC) 2:00 PM Art Club (HAS) 3:00 PM Knit & Crochet Club (SL) 3:00 PM Stretch and Relaxation Class (WC) 4:00 PM Hymns & Hope w/ Joel (LFL)	9:00 AM Aqua Power (Pool) 10:00 AM Sterling Olympics - Corn Hole (LFP) 10:00 AM Sterling Olympics Viewing Party (WC) 11:00 AM Audio Book Club (LLT) 11:00 AM Sterling Bridge Club (HMR) 1:00 PM Music Hour w/ Barry (LFL) 2:00 PM Sterling Olympics - Ping Pong (WC) 2:00 PM Sterling Olympics Viewing Party (WC) 2:30 PM Hand & Foot Card Game (HMR) 2:30 PM Olympic Trivia Competition (LDR) 3:30 PM Happy Hour with Live Music (LFL)	9:00 AM Yoga (WC) 9:30 AM Morning Fitness (WC) 10:00 AM Mystery Activity (LAR) 1:00 PM History Club (LAR) 2:30 PM Dominos (HMR) 2:30 PM Sterling Olympic Closing Ceremony (LDR) 5:45 PM Game Night (LDR)	9:00 AM Power Up (WC) 9:30 AM Morning Fitness (WC) 10:00 AM Brain Games (LAR) 10:30 AM Giant Crossword (LAR) 1:00 PM Rummikub (SL) 1:00 PM Marietta Theater Co Presents: Bonnie & Clyde (Depart from The Hampton at 1 PM) 1:30 PM Bingo (LAR) 2:30 PM Surprise Hour with Taylor (LAR) 3:00 PM Stretch and Relaxation Class (WC) 3:30 PM Golden Oldies Music Hour (LAR) 6:00 PM Game Night (LAR)
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10:45 AM Sterling Church Service (LAR) 11:00 AM First Presbyterian Church of Marietta (HMR) 1:00 PM Mystery Trivia (LFL) 3:00 PM St. James Episcopal Church (LFL) 3:00 PM Sunday Social with Refreshments (LAR) 4:00 PM Music Bingo (LAR) 5:00 PM Frankie Valli and the Four Seasons (LFL)	9:00 AM Fitness Assessment (WC) 10:00 AM Sterling Bible Study (HMR) 11:00 AM Sterling Scholars: Exploring Bach with Resident Bob Conger (LAR) 1:30 PM Let's Play Mahjong! (SL) 1:30 PM Poker Club (HMR) 2:00 PM Water Aerobics (WC) 2:00 PM Zumba (WC) 7:00 PM Line Dancing with Nurse Laura (SL)	9:00 AM Aqua Power (Pool) 10:30 AM Catholic Communion Service (LAR) 1:00 PM Card Making with Joan Hargrove (HAS) 1:00 PM Rummikub (SL) 1:00 PM Ladies' Bridge (HMR) 1:30 PM Bingo (LAR) 3:00 PM Stretch and Relaxation Class (WC) 3:30 PM Bible Study with Mic Knox (LAR) 5:00 PM Take Me Out to the Ballgame Theme Dinner (HC)	9:00 AM Fitness Assessment (WC) 9:30 AM Shopping: Walmart (LFL) 10:00 AM Support Group (SL) 10:00 AM Word Game (LAR) 2:00 PM Water Aerobics (WC) 2:00 PM Art Club (HAS) 3:00 PM Knit & Crochet Club (SL) 4:00 PM Hymns & Hope w/ Joel (LFL)	9:00 AM Power Up (WC) 9:00 AM Aqua Power (Pool) 9:30 AM Morning Fitness (WC) 10:00 AM Let's Play Ball! (LAR) 11:00 AM Audio Book Club (LLT) 11:00 AM Sterling Bridge Club (HMR) 1:00 PM Meet Your Neighbor - Mary Jo Boyd (LAR) 2:30 PM Hand & Foot Card Game (HMR) 3:00 PM Stretch and Relaxation Class (WC)	9:00 AM Yoga (WC) 9:30 AM Morning Fitness (WC) 10:00 AM Mystery Activity (LAR) 11:00 AM Outing-Marietta Cobb Museum of Art (LFL) 1:00 PM History Club (LAR) 2:30 PM Dominos (HMR) 3:00 PM Stretch and Relaxation Class (WC) 5:45 PM Game Night (LDR)	9:00 AM Power Up (WC) 9:30 AM Morning Fitness (WC) 10:00 AM Brain Games (LAR) 10:30 AM Giant Crossword (LAR) 1:00 PM Rummikub (SL) 1:30 PM Bingo (LAR) 2:30 PM Surprise Hour with Taylor (LAR) 3:00 PM Stretch and Relaxation Class (WC) 3:30 PM Golden Oldies Music Hour (LAR) 6:00 PM Game Night (LAR)
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10:45 AM Sterling Church Service (LAR) 11:00 AM First Presbyterian Church of Marietta (HMR) 1:00 PM Mystery Trivia (LFL) 1:00 PM Sunday Matinee Hillbilly Elegy (LAR) 3:00 PM Sunday Social with Refreshments (LAR) 4:00 PM Music Bingo (LAR)	9:00 AM Yoga (WC) 9:30 AM Morning Fitness (WC) 10:00 AM Sterling Bible Study (HMR) 11:00 AM Sterling Scholars - Speaker Richard Croker (LAR) 1:30 PM Let's Play Mahjong! (SL) 1:30 PM Poker Club (HMR) 2:00 PM Water Aerobics (WC) 3:00 PM Stretch and Relaxation Class (WC) 7:00 PM Line Dancing with Nurse Laura (SL)	8:30 AM Men's Breakfast (HC) 9:00 AM Car Wash On site (HC) 9:00 AM Power Up (WC) 9:00 AM Aqua Power (Pool) 9:30 AM Morning Fitness (WC) 10:30 AM Catholic Communion Service (LAR) 1:00 PM Rummikub (SL) 1:00 PM Ladies' Bridge (HMR) 1:30 PM Bingo (LAR) 3:00 PM Stretch and Relaxation Class (WC) 3:30 PM Bible Study with Mic Knox (LAR) 4:30 PM Dinner Club Goes Out! (HC)	9:00 AM Yoga (WC) 9:30 AM Morning Fitness (WC) 9:30 AM Shopping: Publix (LFL) 10:00 AM Massage (WC) 10:00 AM Stick it to the Beat (LAR) 10:00 AM Support Group (SL) 11:15 AM Parkinson's Exercise Class (WC) 1:00 PM Afternoon Shopping: TJ Maxx (LFL) 2:00 PM Water Aerobics (WC) 2:30 PM Sterling Wide Summer Trivia Tournament (LDR) 3:00 PM Knit & Crochet Club (SL) 3:00 PM Stretch and Relaxation Class (WC) 4:00 PM Hymns & Hope w/ Joel (LFL)	9:00 AM Power Up (WC) 9:00 AM Aqua Power (Pool) 9:30 AM Morning Fitness (WC) 10:00 AM Paint & Sip (LAR) 11:00 AM Audio Book Club (LLT) 11:00 AM Sterling Bridge Club (HMR) 1:00 PM Birthday Party! (HC) 2:30 PM Hand & Foot Card Game (HMR) 3:00 PM Stretch and Relaxation Class (WC) 3:30 PM Happy Hour with Live Music (LFL)	9:00 AM Yoga (WC) 9:30 AM Morning Fitness (WC) 10:00 AM Fun Friday Outing: Savoy Automobile Museum (LFL) 1:00 PM Mystery Activity (LAR) 1:00 PM History Club (LAR) 2:30 PM Dominos (HMR) 3:00 PM Stretch and Relaxation Class (WC) 5:45 PM Game Night (LDR)	9:00 AM Power Up (WC) 9:30 AM Morning Fitness (WC) 10:00 AM Brain Games (LAR) 10:30 AM Giant Crossword (LAR) 1:00 PM Rummikub (SL) 1:30 PM Bingo (LAR) 2:30 PM Surprise Hour with Taylor (LAR) 3:00 PM Stretch and Relaxation Class (WC) 3:30 PM Golden Oldies Music Hour (LAR) 6:00 PM Game Night (LAR)
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August 2024

Cottage & Apartment Special Events
3165 Dallas Hwy, Marietta, GA 30064 770-255-7000



Pop-Up Shop with Joan Hargrove

Come shop her handmade card selection with all proceeds going toward childhood cancer research
August 21st from 10 am - 3 pm
in the Landmark Front Lobby

THE STERLING OLYMPICS ARE HERE!

Join us for our Olympic Opening Ceremonies and meet all of the competitors!

August 2nd at 2:30 pm

in the Landmark Dining Room
See who will be participating in each event!



Live Entertainment

August 1 - Loose Shoes at Happy Hour
August 8th - Keith West
August 15th - Music Hour with Barry
August 15th - Sara Davies
August 22 - AL Theme Dinner,
No Happy Hour
August 29th - Sybil Eberhart

Oh, The Places You'll Go!

8/7 - Shopping at Kroger
8/8 - Truist Park to see the Braves
8/9 - Olympic Outing to Top Golf
8/14 - Shopping at Walmart
8/14 - Let's Go Bowling
8/17 - Marietta Theater Co Presents:
Bonnie and Clyde
8/18 - Frankie Valli and the Four
Seasons
8/21 - Shopping at Publix
8/21 - Afternoon trip to TJ Maxx
8/23 - Marietta Cobb Museum of Art
8/27 - Dinner Club Goes Out
8/30 - Savoy Car Museum

An advertisement for a "Baseball Theme Dinner" at the Hampton Club. The background features a close-up of a baseball. A blue banner with white text reads "TAKE ME OUT TO THE BALLGAME!". The text "THEME DINNER" is written in white on a dark background. Below that, it says "Tuesday Aug 20, 5:00 PM" and "Hampton Club". Smaller text indicates "DRINK SERVICE AT 5 PM" and "DINNER TO FOLLOW AT 5:30 PM". A blue foam finger with the number "1" is also visible.

Join us for a night at the park and enjoy America's Favorite Pastime with some classic ballpark fun!



Let's Crown Our Champions!

Stay up to date on the Sterling Olympics and join us for the closing ceremonies where our winners will take the podium!

August 16th at 2:30 PM
in the Landmark Dining Room

August Birthdays:

August 1 - Melody Wickliffe
August 6 - Jim Doherty
August 23 - Judy Ketterer
August 23 - Sandy Ries
August 26 - Lynn Patton
August 31 - Chuck Downing



Bring on the Braves!

Our last game of the season!
August 8th vs. The Brewers

Join Joel for Bible Study

Mondays at 10 am
in the Hampton Media Room