	SUN	MON	TUE	WED	THUR	FRI	SAT
		10:30 AM Cottage Sittercise (WC) 11:30 AM Wii Sports (WC)	World UFO Day 10:30 AM Cottage Sittercise (WC)	10:30 AM Cottage Sittercise (WC) 11:00 AM Sterling Music Series with Thayer Naples (AR) 11:15 AM Focused Fitness (WC) 12:00 PM Birthday Celebrations with	Independence Day 10:00 AM Art Class with Katherine! (AR) 10:30 AM Cottage Sittercise	National Hawaii Day 10:30 AM Cottage Sittercise (WC) 10:30 AM Crafts "Soap Making" (AR)	10:00 AM Coffee and Conversation (CC) 10:30 AM Cottage Sittercise (WC)
	The Club will be opening soon. Date is TBD, but we'll know more next week.	2:00 PM Open Gym (WC) 2:30 PM Brain Fitness WORDLE (AR) 3:00 PM Open Swim (WC) 4:00 PM BINGO (AR) 6:00 PM Evening Movie "The Curious Case of Benjamin Button" (AR)	11:00 AM Bible Study with Joel (AR) 2:00 PM Open Gym (WC) 2:00 PM Pokeno & Prizes (AR) 3:00 PM Open Swim (WC) 6:00 PM Evening Movie "Close Encounters of the Third Kind" (AR)	Cakes from Cornerstone Hospice! (DR) 1:00 PM Massage Therapist here from 1:00-5:00 (WC) 2:00 PM Jeopardy (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:00 PM Wil Bowling (WC) 4:00 PM "Monarchy" a PBS Series with David Starkey (AR) 6:00 PM Evening Movie "Patriots Day" (AR)	(WC) 1:00 PM Open Gym (WC) 2:00 PM Open Swim (WC) 3:00 PM Cottage Owners Brain Fitness (CC) 3:30 PM Happy Hour with Tom and Joni Illi (DR) 6:00 PM Evening Movie "Fly Boys" (AR) 8:00 PM Macy's 4th of July Fireworks Show on NBC Channel 6 (In Your Suite)	11:15 AM Focused Fitness (WC) 1:00 PM OUTING: TJ Maxx and Home Goods (Front Lobby) 2:00 PM Current Events (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 4:00 PM Armchair Travels "Hawaii!" (AR) 6:00 PM Friday Funnies Movie Time "Legally Blonde" (AR)	11:00 AM "Musical Favorites from the Past" with Tom Parrott (AR) 11:15 AM Open Gym (WC) 2:00 PM Saturday Snack Bar "Strawberry Sundaes" (AR) 4:00 PM Leigh Plays Guitar in the Lobby! (Front Lobby) 6:00 PM Evening Moviev "Jaws" (AR)
	9:00 AM In Touch with Dr. Charles Stanley (Channel 13 in your suite) 10:00 AM Holy Family Catholic Communion (AR) 11:00 AM Documentaries & Biographies "Wildlife - Just Sharks" (AR) 1:35 PM Braves v. Phillies Baseball Game! (AR) 3:00 PM In Suite Movie: "Jack Reacher" Starring Tom Cruise (Channel 961) 6:00 PM Evening Movie "The English Patient" Winner of 9 Academy Awards! (AR)	10:30 AM Cottage Sittercise (WC) 11:30 AM Wii Sports (WC) 2:00 PM Open Gym (WC) 3:00 PM Atlanta History Center Presentation: Native Lands Trunk Artifacts (AR) 3:00 PM Open Swim (WC) 6:00 PM Evening Movie "Far From the Madding Crowd"" (AR)	10:00 AM Water Aerobics with Christine (WC) 10:30 AM Cottage Sittercise (WC) 11:00 AM Bible Study with Joel (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 4:00 PM "Name That Tune - Beatles Bingo" (AR) 6:00 PM Evening Movie "The Boys in the Boat" (AR)	10:30 AM Cottage Sittercise (WC) 11:15 AM Focused Fitness (WC) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:00 PM "Monarchy" a PBS Series with David Starkey (AR) 6:00 PM Evening Movie "Evil Under the Sun" an Agatha Christie movie! (AR)	10:00 AM Art Class with Scott (AR) 10:00 AM Water Aerobics with Christine (WC) 10:30 AM Cottage Sittercise (WC) 1:00 PM Hymns & Hope with Joel (LR) 1:00 PM Open Gym (WC) 2:00 PM Open Swim (WC) 3:00 PM Cottage Owners Brain Fitness (CC) 3:30 PM Happy Hour with Jeni Michelson on the Piano (Front Lobby) 6:00 PM Evening Movie "Bridge Over the River Kwai" Winner of 7 Oscars! (AR) 6:15 PM Feisty Fossils Cottage Owners Social (Library)	10:30 AM Cottage Sittercise (WC) 11:15 AM Focused Fitness (WC) 1:00 PM OUTING: "The Georgia Aquarium" (Front Lobby) 2:00 PM Current Events (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 4:00 PM Armchair Travels "Magnificent Glacier National Park" (AR) 6:00 PM Friday Funnies Movie Time "We bought a Zoo" (AR)	10:00 AM Coffee and Conversation (CC) 10:30 AM Cottage Sittercise (WC) 11:15 AM Open Gym (WC) 4:00 PM Soloist, Amelia Powell on Viola (Front Lobby) 6:00 PM Evening Movie "The Manchurian Candidate" (2004) (AR)
	9:00 AM In Touch with Dr. Charles Stanley (Channel 13 in your suite) 11:00 AM Documentaries & Biographies "Willie Mays ESPN Sportcentury Documentary" (AR) 3:00 PM In Suite Movie: "Jack Reacher: Never Go Back" (Channel 961) 6:00 PM Evening Movie "The Right Stuff" Winner of 4 Academy Awards! (AR)	10:30 AM Cottage Sittercise (WC) 11:00 AM Pop-Up Shop: Jewelry and Accessories from Deb Frank (L) 11:30 AM Wii Sports (WC) 2:00 PM Open Gym (WC) 2:30 PM Brain Fitness SUDOKU (AR) 3:00 PM Open Swim (WC) 4:00 PM BINGO (AR) 6:00 PM Evening Movie "27 Dresses" (AR)	9:30 AM Podiatrist Visit (WC) 10:00 AM Water Aerobics with Christine (WC) 10:30 AM Cottage Sittercise (WC) 11:00 AM Bible Study with Joel (AR) 2:00 PM Open Gym (WC) 2:00 PM Pokeno & Prizes (AR) 3:00 PM Open Swim (WC) 6:00 PM Evening Movie "Lost in Translation" (AR)	8:30 AM Men's Breakfast - Meet Oliver Halle! (AR) 10:30 AM Cottage Sittercise (WC) 11:00 AM Sterling Music Series with Thayer Naples (AR) 11:15 AM Focused Fitness (WC) 1:00 PM Massage Therapist here from 1:00-5:00 (WC) 2:00 PM Jeopardy (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:00 PM "Monarchy" a PBS Series with David Starkey (AR) 6:00 PM Evening Movie Agatha Christie's "Death on the Nile" (AR)	10:00 AM Art Class with Scott (AR) 10:30 AM Cottage Sittercise (WC) 1:00 PM Hymns & Hope with Joel (LR) 1:00 PM Open Gym (WC) 1:15 PM Wellness Seminar: Eye Health (AR) 2:00 PM Open Swim (WC) 3:00 PM Cottage Owners Brain Fitness (CC) 3:30 PM Happy Hour with Loose Shoes (DR) 6:00 PM Evening Movie "Cat on a Hot Tin Roof" (AR)	National Daiquiri Day 10:00 AM Crafts "Decoupaged Seashells" (AR) 10:00 AM Library Outing (Meet in Front Lobby) 10:30 AM Cottage Sittercise (WC) 11:15 AM Focused Fitness (WC) 2:00 PM Current Events with John Hurlbut (AR) 2:00 PM Open Gym (WC) 3:30 PM Open Swim (WC) 3:30 PM Daiquiri Day Social (Casual Cafe and Front Porch) 6:00 PM Friday Funnies Movie Time "Along Came Polly" (AR)	10:00 AM Coffee and Conversation (CC) 10:30 AM Cottage Sittercise (WC) 11:00 AM "Musical Favorites from the Past" with Tom Parrott (AR) 11:15 AM Open Gym (WC) 2:00 PM Saturday Snack Bar "Ice Cream Cones" (AR) 4:00 PM Leigh Plays Guitar in the Lobby! (Front Lobby) 6:00 PM Evening Movie "Agnes of God" Nominated for 3 Academy Awards! (AR)
	9:00 AM In Touch with Dr. Charles Stanley (Channel 13 in your suite) 10:00 AM Holy Family Catholic Communion (AR) 11:00 AM Documentaries & Biographies "Indigenous People Of The Americas: Cherokee" (AR) 3:00 PM In Suite Movie: "Road to Perdition" Starring Tom Hanks (Channel 961) 6:00 PM Evening Movie "Fly Me to the Moon" (AR)	10:30 AM Cottage Sittercise (WC) 11:30 AM Wii Sports (WC) 2:00 PM Open Gym (WC) 2:30 PM Brain Fitness CROSSWORD (AR) 3:00 PM Open Swim (WC) 4:00 PM Speaker: Wanda Patterson "The Navajo Code Talkers" (AR) 6:00 PM Evening Movie "Sleepless in Seattle" (AR)	10:00 AM Water Aerobics with Christine (WC) 10:30 AM Cottage Sittercise (WC) 11:00 AM Bible Study with Joel (AR) 2:00 PM Open Gym (WC) 2:00 PM Pokeno & Prizes (AR) 3:00 PM Open Swim (WC) 4:00 PM "Name That Tune" (AR) 6:00 PM Evening Movie "Midnight Run" (AR)	Amelia Earhart Day 10:30 AM Cottage Sittercise (WC) 11:15 AM Focused Fitness (WC) 12:20 PM Braves v. Cincinnati Reds Baseball Game (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:00 PM "Monarchy" a PBS Series with David Starkey (AR) 6:00 PM Evening Movie Agatha Christie's "The Mirror Crack'd" (AR)	10:00 AM Art Class with Scott (AR) 10:00 AM Water Aerobics with Christine (WC) 10:30 AM Cottage Sittercise (WC) 1:00 PM Hymns & Hope with Joel (LR) 1:00 PM Open Gym (WC) 2:00 PM BINGO (AR) 2:00 PM Open Swim (WC) 3:00 PM Cottage Owners Brain Fitness (CC) 3:30 PM Happy Hour with Music (Front Lobby) 6:00 PM Evening Movie "One Flew Over the Cuckoo's Nest" Winner of 5 Academy Awards Including Best Picture! (AR)	10:30 AM Cottage Sittercise (WC) 11:15 AM Focused Fitness (WC) 1:00 PM OUTING: Fernbank and a 3D IMAX movie (Front Lobby) 2:00 PM Current Events (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 4:00 PM Armchair Travels "Journey to Tahiti and French Polynesia" (AR) 6:00 PM Friday Funnies Movie Time "Nurse Betty" (AR)	10:00 AM Coffee and Conversation (CC) 10:30 AM Cottage Sittercise (WC) 11:15 AM Open Gym (WC) 6:00 PM Evening Movie "Capote" (AR)
	9:00 AM In Touch with Dr. Charles Stanley (Channel 13 in your suite) 11:00 AM Documentaries & Biographies "The Extraordinary Life of Amelia Earhart" (AR) 1:40 PM Braves v. NY Mets Baseball Game! (AR) 3:00 PM In Suite Movie: "Sideways" (Channel 961) 4:15 PM Sunday Strings Serenades with Turner, Jack, Brinda and Julia (Front Lobby) 6:00 PM Evening Movie "Miss Potter" (AR)	10:30 AM Cottage Sittercise (WC) 11:30 AM Wii Sports (WC) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 4:00 PM BINGO (AR) 6:00 PM Evening Movie "Mona Lisa Smile" (AR)	International Friendship Day 10:00 AM Water Aerobics with Christine (WC) 10:30 AM Cottage Sittercise (WC) 11:00 AM Bible Study with Joel (AR) 1:30 PM Wii Bowling Tournament: Here at Sterling East (WC) 2:00 PM Pokeno & Prizes (AR) 6:00 PM Evening Movie "Thelma and Louise" Oscar Winner! (AR)	10:30 AM Cottage Sittercise (WC) 11:15 AM Focused Fitness (WC) 2:00 PM Open Gym (WC) 3:00 PM "The Bibliophiles" Book Club (Library) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:00 PM "Monarchy" a PBS Series with David Starkey (AR) 6:00 PM Evening Movie "And Then There Were None" (AR)		LOCATION KEY AR - Activity Room CC - Casual Cafe DR - Dining Room LR - Living Room L - Lobby	WC - Wellness Center
July 2024							

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