

SUN	MON	TUE	WED	THUR	FRI	SAT							
	9:30 Sittercise (AL) (WC) 10:00 Games: "Left, Right, Center" (AR) 11:30 Wii Sports (WC) 12:45 Happy Tails (LR) 2:00 Open Gym (WC) 2:00 Test (AR) 2:30 Brain Fitness WORDLE (AR) 3:00 Open Swim (WC) 4:00 BINGO (AR) 6:00 Evening Movie "The Curious Case of Benjamin Button" (AR)	<b>1</b>	<b>World UFO Day</b> 9:15 Meditation with Heather (AR) 9:30 Sittercise (AL) (WC) 10:00 Tuesday Trivia and Calendar Update (CC) 11:00 Bible Study with Joel (AR) 2:00 Open Gym (WC) 2:00 Pokeno & Prizes (AR) 3:00 "Twisted Stitches" Knitting and Crocheting Club (Second Floor Library) 3:00 Open Swim (WC) 4:00 Quiddler Game (AR) 6:00 Evening Movie "Close Encounters of the Third Kind" (AR)	<b>2</b>	9:30 Sittercise (AL) (WC) 10:00 Publix Shopping 11:00 Sterling Music Series with Thayer Naples (AR) 11:15 Focused Fitness (WC) 12:00 Birthday Celebrations with Cakes from Cornerstone Hospice! (DR) 1:00 Massage Therapist here from 1:00-5:00 (WC) 1:00 Piano with Dixie (LR) 2:00 Jeopardy (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 4:00 "Monarchy" a PBS Series with David Starkey (AR) 6:00 Evening Movie "Patriots Day" (AR)	<b>3</b>	<b>Independence Day</b> 9:30 Sittercise (AL) (WC) 10:00 Art Class with Katherine! (AR) 1:00 Open Gym (WC) 2:00 BINGO with Prizes! (AR) 2:00 Open Swim (WC) 3:30 Happy Hour with Tom and Joni Illi (DR) 6:00 Evening Movie "Fly Boys" (AR) 8:00 Macy's 4th of July Fireworks Show on NBC Channel 6 (In Your Suite)	<b>4</b>	<b>National Hawaii Day</b> 9:30 Sittercise (AL) (WC) 10:30 Crafts "Soap Making" (AR) 11:15 Focused Fitness (WC) 1:00 OUTING: TJ Maxx and Home Goods (Front Lobby) 2:00 Current Events (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 4:00 Armchair Travels "Hawaii!" (AR) 6:00 Friday Funnies Movie Time "Legally Blonde" (AR)	<b>5</b>	9:30 Sittercise (AL) (WC) 10:00 Coffee and Conversation (CC) 11:00 "Musical Favorites from the Past" with Tom Parrott (AR) 11:15 Open Gym (WC) 2:00 Saturday Snack Bar "Strawberry Sundaes" (AR) 4:00 Leigh Plays Guitar in the Lobby! (Front Lobby) 6:00 Evening Movie "Jaws" (AR)	<b>6</b>	
<b>National Strawberry Sundae Day</b> 9:00 In Touch with Dr. Charles Stanley (Channel 13 in your suite) 10:00 Catholic Mass (AR) 11:00 Holy Family Catholic Communion (AR) 11:00 Documentaries & Biographies "Wildlife - Just Sharks" (AR) 1:35 Braves v. Phillies Baseball Game! (AR) 3:00 In Suite Movie: "Jack Reacher" Starring Tom Cruise (Channel 961) 4:00 BINGO (AR) 6:00 Evening Movie "The English Patient" Winner of 9 Academy Awards! (AR)	<b>7</b>	9:30 Sittercise (AL) (WC) 10:00 Games: "Left, Right, Center" (AR) 11:30 Wii Sports (WC) 2:00 BINGO (DR) 2:00 Open Gym (WC) 3:00 Atlanta History Center Presentation: Native Lands Trunk Artifacts (AR) 3:00 Open Swim (WC) 6:00 Evening Movie "Far From the Madding Crowd" (AR)	<b>8</b>	9:15 Meditation with Heather (AR) 9:30 Sittercise (AL) (WC) 10:00 Tuesday Trivia and Calendar Update (CC) 10:00 Water Aerobics with Christine (WC) 10:30 Clara Maldonado's Baby Shower (AR) 11:00 Bible Study with Joel (AR) 1:00 Resident Council Meeting (AR) 2:00 Open Gym (WC) 2:30 Pokeno & Prizes (DR) 3:00 "Twisted Stitches" Knitting and Crocheting Club (Second Floor Library) 3:00 Open Swim (WC) 4:00 "Name That Tune - Beatles Bingo" (AR) 6:00 Evening Movie "The Boys in the Boat" (AR)	<b>9</b>	9:30 Sittercise (AL) (WC) 10:00 Publix Shopping 11:15 Focused Fitness (WC) 1:00 Piano with Dixie (LR) 2:00 Games: Wheel of Fortune (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 4:00 "Monarchy" a PBS Series with David Starkey (AR) 6:00 Evening Movie "Evil Under the Sun" an Agatha Christie movie! (AR)	<b>10</b>	9:15 Meditation with Heather (AR) 9:30 Sittercise (AL) (WC) 10:00 Art Class with Scott (AR) 10:00 Water Aerobics with Christine (WC) 1:00 Hymns & Hope with Joel (LR) 1:00 Open Gym (WC) 2:00 BINGO (AR) 2:00 Open Swim (WC) 3:30 Happy Hour with Jeni Michelson on the Piano (Front Lobby) 6:00 Evening Movie "Bridge Over the River Kwai" Winner of 7 Oscars! (AR)	<b>11</b>	9:30 Sittercise (AL) (WC) 11:15 Focused Fitness (WC) 1:00 OUTING: "The Georgia Aquarium" (Front Lobby) 2:00 Current Events (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 4:00 Armchair Travels "Magnificent Glacier National Park" (AR) 6:00 Friday Funnies Movie Time "We bought a Zoo" (AR)	<b>12</b>	9:30 Sittercise (AL) (WC) 10:00 Coffee and Conversation (CC) 11:15 Open Gym (WC) 2:00 Crafts "Seashell Painting" (AR) 4:00 Soloist, Amelia Powell on Viola (Front Lobby) 6:00 Evening Movie "The Manchurian Candidate" (2004) (AR)	<b>13</b>
9:00 In Touch with Dr. Charles Stanley (Channel 13 in your suite) 10:00 Catholic Mass (AR) 11:00 Documentaries & Biographies "Willie Mays ESPN Sportcentury Documentary" (AR) 2:00 BINGO (AR) 3:00 In Suite Movie: "Jack Reacher: Never Go Back" (Channel 961) 6:00 Evening Movie "The Right Stuff" Winner of 4 Academy Awards! (AR)	<b>14</b>	9:30 Sittercise (AL) (WC) 10:00 Games: "Left, Right, Center" (AR) 11:00 Pop-Up Shop: Jewelry and Accessories from Deb Frank (L) 11:15 Alliance of Therapy Dogs - Meet Georgia! (Front Lobby) 11:30 Wii Sports (WC) 2:00 Open Gym (WC) 2:30 Brain Fitness SUDOKU (AR) 3:00 Open Swim (WC) 4:00 BINGO (AR) 6:00 Evening Movie "27 Dresses" (AR)	<b>15</b>	9:15 Meditation with Heather (AR) 9:30 Sittercise (AL) (WC) 9:30 Podiatrist Visit (WC) 10:00 Tuesday Trivia and Calendar Update (CC) 10:00 Water Aerobics with Christine (WC) 11:00 Bible Study with Joel (AR) 2:00 Open Gym (WC) 2:00 Pokeno & Prizes (AR) 3:00 "Twisted Stitches" Knitting and Crocheting Club (Second Floor Library) 3:00 Open Swim (WC) 4:00 Quiddler Game (AR) 6:00 Evening Movie "Lost in Translation" (AR)	<b>16</b>	8:30 Men's Breakfast - Meet Oliver Halle! (AR) 9:30 Sittercise (AL) (WC) 10:00 Publix Shopping 11:00 Sterling Music Series with Thayer Naples (AR) 11:15 Focused Fitness (WC) 1:00 Massage Therapist here from 1:00-5:00 (WC) 1:00 Piano with Dixie (LR) 2:00 Jeopardy (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 4:00 "Monarchy" a PBS Series with David Starkey (AR) 6:00 Evening Movie Agatha Christie's "Death on the Nile" (AR)	<b>17</b>	9:15 Meditation with Heather (AR) 9:30 Sittercise (AL) (WC) 10:00 Art Class with Scott (AR) 1:00 Hymns & Hope with Joel (LR) 1:00 Open Gym (WC) 1:15 Wellness Seminar: Eye Health (AR) 2:00 BINGO (CC) 2:00 Open Swim (WC) 3:30 Happy Hour with Loose Shoes (DR) 4:30 Landmark Building Residents' Theme Dinner (AL) (DR) 6:00 Evening Movie "Cat on a Hot Tin Roof" (AR)	<b>18</b>	<b>National Daiquiri Day</b> 9:30 Sittercise (AL) (WC) 10:00 Crafts "Decoupage Seashells" (AR) 10:00 Library Outing (Meet in Front Lobby) 11:15 Focused Fitness (WC) 12:00 Ladies Luncheon - Mystery Guest! (AR) 2:00 Current Events with John Hurlbut (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 3:30 Daiquiri Day Social (Casual Cafe and Front Porch) 6:00 Friday Funnies Movie Time "Along Came Polly" (AR)	<b>19</b>	9:30 Sittercise (AL) (WC) 10:00 Coffee and Conversation (CC) 11:00 "Musical Favorites from the Past" with Tom Parrott (AR) 11:15 Open Gym (WC) 2:00 Saturday Snack Bar "Ice Cream Cones" (AR) 9:30 Leigh Plays Guitar in the Lobby! (Front Lobby) 6:00 Evening Movie "Agnes of God" Nominated for 3 Academy Awards! (AR)	<b>20</b>
<b>National Ice Cream Day</b> 9:00 In Touch with Dr. Charles Stanley (Channel 13 in your suite) 10:00 Catholic Mass (AR) 11:00 Documentaries & Biographies "Indigenous People Of The Americas: Cherokee" (AR) 2:00 BINGO (AR) 3:00 In Suite Movie: "Road to Perdition" Starring Tom Hanks (Channel 961) 3:00 Test (AR) 3:30 Sketching with Seniors (AR) 6:00 Evening Movie "Fly Me to the Moon" (AR)	<b>21</b>	9:30 Sittercise (AL) (WC) 10:00 Games: "Left, Right, Center" (AR) 11:30 Wii Sports (WC) 2:00 BINGO (AR) 2:00 Open Gym (WC) 2:30 Brain Fitness CROSSWORD (AR) 3:00 Open Swim (WC) 4:00 Speaker: Wanda Patterson "The Navajo Code Talkers" (AR) 6:00 Evening Movie "Sleepless in Seattle" (AR)	<b>22</b>	9:15 Meditation with Heather (AR) 9:30 Sittercise (AL) (WC) 10:00 Tuesday Trivia and Calendar Update (CC) 10:00 Water Aerobics with Christine (WC) 11:00 Bible Study with Joel (AR) 2:00 Open Gym (WC) 2:00 Pokeno & Prizes (AR) 3:00 "Twisted Stitches" Knitting and Crocheting Club (Second Floor Library) 3:00 Open Swim (WC) 4:00 "Name That Tune" (AR) 6:00 Evening Movie "Midnight Run" (AR)	<b>23</b>	<b>Amelia Earhart Day</b> 9:30 Sittercise (AL) (WC) 10:00 Publix Shopping 11:15 Focused Fitness (WC) 12:20 Braves v. Cincinnati Reds Baseball Game (AR) 1:00 Piano with Dixie (LR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 4:00 "Monarchy" a PBS Series with David Starkey (AR) 6:00 Evening Movie Agatha Christie's "The Mirror Crack'd" (AR)	<b>24</b>	9:15 Meditation with Heather (AR) 9:30 Sittercise (AL) (WC) 10:00 Art Class with Scott (AR) 10:00 Water Aerobics with Christine (WC) 1:00 Hymns & Hope with Joel (LR) 1:00 Open Gym (WC) 2:00 BINGO (AR) 2:00 Open Swim (WC) 3:30 Happy Hour with Music (Front Lobby) 4:30 Landmark Building Theme Dinner "Sock Hop Summer" (DR) 6:00 Evening Movie "One Flew Over the Cuckoo's Nest" Winner of 5 Academy Awards Including Best Picture! (AR)	<b>25</b>	9:30 Sittercise (AL) (WC) 10:00 Crocheting 101 (AR) 11:15 Focused Fitness (WC) 1:00 OUTING: Fernbank and a 3D IMAX movie (Front Lobby) 2:00 Current Events (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 4:00 Armchair Travels "Journey to Tahiti and French Polynesia" (AR) 6:00 Friday Funnies Movie Time "Nurse Betty" (AR)	<b>26</b>	9:30 Sittercise (AL) (WC) 10:00 Coffee and Conversation (CC) 11:15 Open Gym (WC) 2:00 Crafts "Make Your Own Coaster" (AR) 4:00 Games: Resident Choice! (AR) 6:00 Evening Movie "Capote" (AR)	<b>27</b>
9:00 In Touch with Dr. Charles Stanley (Channel 13 in your suite) 10:00 Catholic Mass (AR) 11:00 Documentaries & Biographies "The Extraordinary Life of Amelia Earhart" (AR) 1:40 Braves v. NY Mets Baseball Game! (AR) 2:00 BINGO (AR) 3:00 In Suite Movie: "Sideways" (Channel 961) 4:15 Sunday Strings Serenades with Turner, Jack, Brinda and Julia (Front Lobby) 6:00 Evening Movie "Miss Potter" (AR)	<b>28</b>	9:30 Sittercise (AL) (WC) 10:00 Games: "Left, Right, Center" (AR) 11:30 Wii Sports (WC) 2:00 Open Gym (WC) 2:30 New Resident Social (AR) 3:00 Open Swim (WC) 4:00 BINGO (AR) 6:00 Evening Movie "Mona Lisa Smile" (AR)	<b>29</b>	<b>International Friendship Day</b> 9:15 Meditation with Heather (AR) 9:30 Sittercise (AL) (WC) 10:00 Tuesday Trivia and Calendar Update (CC) 10:00 Water Aerobics with Christine (WC) 11:00 Bible Study with Joel (AR) 1:30 Wii Bowling Tournament: Here at Sterling East (WC) 2:00 Pokeno & Prizes (AR) 3:00 "Twisted Stitches" Knitting and Crocheting Club (Second Floor Library) 4:00 Quiddler (AR) 6:00 Evening Movie "Thelma and Louise" Oscar Winner! (AR)	<b>30</b>	9:30 Sittercise (AL) (WC) 10:00 Publix Shopping 11:15 Focused Fitness (WC) 1:00 Piano with Dixie (LR) 2:00 Games: Wheel of Fortune (AR) 2:00 Open Gym (WC) 3:00 "The Bibliophiles" Book Club (Library) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 4:00 "Monarchy" a PBS Series with David Starkey (AR) 6:00 Evening Movie "And Then There Were None" (AR)	<b>31</b>	<b>LOCATION KEY</b> AR - Activity Room CC - Casual Cafe DR - Dining Room LR - Living Room L - Lobby	<b>WC - Wellness Center</b>				

# July 2024

## Activity and Social Calendar

