	SUN	MON	TUE	WED	THUR	FRI	SAT
	The Club will be opening soon. Date is TBD, but we'll know more next week.	10:30 AM Cottage Sittercise (WC) 11:30 AM Wii Sports (WC) 2:00 PM Open Gym (WC) 2:30 PM Brain Fitness WORDLE (AR) 3:00 PM Open Swim (WC) 4:00 PM BINGO (AR) 6:00 PM Evening Movie "The Curious Case of Benjamin Button" (AR)	World UFO Day 10:30 AM Cottage Sittercise (WC) 11:00 AM Bible Study with Joel (AR) 2:00 PM Open Gym (WC) 2:00 PM Pokeno & Prizes (AR) 3:00 PM Open Swim (WC) 6:00 PM Evening Movie "Close Encounters of the Third Kind" (AR)	10:30 AM Cottage Sittercise (WC) 11:00 AM Sterling Music Series with Thayer Naples (AR) 11:15 AM Focused Fitness (WC) 12:00 PM Birthday Celebrations with Cakes from Cornerstone Hospice! (DR) 1:00 PM Massage Therapist here from 1:00-5:00 (WC) 2:00 PM Jeopardy (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Gym (WC) 3:00 PM Wii Bowling (WC) 4:00 PM "Monarchy" a PBS Series with David Starkey (AR) 6:00 PM Evening Movie "Patriots Day" (AR)	Independence Day 10:00 AM Art Class with Katherine! (AR) 10:30 AM Cottage Sittercise (WC) 1:00 PM Open Gym (WC) 2:00 PM Open Swim (WC) 3:00 PM Cottage Owners Brain Fitness (CC) 3:30 PM Happy Hour with Tom and Joni Illi (DR) 6:00 PM Evening Movie "Fly Boys" (AR) 8:00 PM Macy's 4th of July Fireworks Show on NBC Channel 6 (In Your Suite)	National Hawaii Day 10:30 AM Cottage Sittercise (WC) 10:30 AM Crafts "Soap Making" (AR) 11:15 AM Focused Fitness (WC) 1:00 PM OUTING: TJ Maxx and Home Goods (Front Lobby) 2:00 PM Current Events (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 4:00 PM Armchair Travels "Hawaii!" (AR) 6:00 PM Friday Funnies Movie Time "Legally Blonde" (AR)	10:00 AM Coffee and Conversation (CC) 10:30 AM Cottage Sittercise (WC) 11:00 AM "Musical Favorites from the Past" with Tom Parrott (AR) 11:15 AM Open Gym (WC) 2:00 PM Saturday Snack Bar "Strawberry Sundaes" (AR) 4:00 PM Leigh Plays Guitar in the Lobby! (Front Lobby) 6:00 PM Evening Moviev "Jaws" (AR)
	9:00 AM In Touch with Dr. Charles Stanley (Channel 13 in your suite) 10:00 AM Holy Family Catholic Communion (AR) 11:00 AM Documentaries & Biographies "Wildlife - Just Sharks" (AR) 1:35 PM Braves v. Phillies Baseball Game! (AR) 3:00 PM In Suite Movie: "Jack Reacher" Starring Tom Cruise (Channel 961) 6:00 PM Evening Movie "The English Patient" Winner of 9 Academy Awards! (AR)	10:30 AM Cottage Sittercise (WC) 11:30 AM Wii Sports (WC) 2:00 PM Open Gym (WC) 3:00 PM Atlanta History Center Presentation: Native Lands Trunk Artifacts (AR) 3:00 PM Open Swim (WC) 6:00 PM Evening Movie "Far From the Madding Crowd"" (AR)	10:00 AM Water Aerobics with Christine (WC) 10:30 AM Cottage Sittercise (WC) 11:00 AM Bible Study with Joel (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 4:00 PM "Name That Tune - Beatles Bingo" (AR) 6:00 PM Evening Movie "The Boys in the Boat" (AR)	10:30 AM Cottage Sittercise (WC) 11:15 AM Focused Fitness (WC) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:00 PM "Monarchy" a PBS Series with David Starkey (AR) 6:00 PM Evening Movie "Evil Under the Sun" an Agatha Christie movie! (AR)	10:00 AM Art Class with Scott (AR) 10:00 AM Water Aerobics with Christine (WC) 10:30 AM Cottage Sittercise (WC) 1:00 PM Hymns & Hope with Joel (LR) 1:00 PM Open Gym (WC) 2:00 PM BINGO (AR) 2:00 PM Open Swim (WC) 3:00 PM Cottage Owners Brain Fitness (CC) 3:30 PM Happy Hour with Jeni Michelson on the Piano (Front Lobby) 6:00 PM Evening Movie "Bridge Over the River Kwai" Winner of 7 Oscars! (AR) 6:15 PM Feisty Fossils Cottage Owners Social (Library)	10:30 AM Cottage Sittercise (WC) 11:15 AM Focused Fitness (WC) 1:00 PM OUTING: "The Georgia Aquarium" (Front Lobby) 2:00 PM Current Events (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 4:00 PM Armchair Travels "Magnificent Glacier National Park" (AR) 6:00 PM Friday Funnies Movie Time "We bought a Zoo" (AR)	10:00 AM Coffee and Conversation (CC) 10:30 AM Cottage Sittercise (WC) 11:15 AM Open Gym (WC) 4:00 PM Soloist, Amelia Powell on Viola (Front Lobby) 6:00 PM Evening Movie "The Manchurian Candidate" (2004) (AR)
	9:00 AM In Touch with Dr. Charles Stanley (Channel 13 in your suite) 11:00 AM Documentaries & Biographies "Willie Mays ESPN Sportcentury Documentary" (AR) 3:00 PM In Suite Movie: "Jack Reacher: Never Go Back" (Channel 961) 6:00 PM Evening Movie "The Right Stuff" Winner of 4 Academy Awards! (AR)	10:30 AM Cottage Sittercise (WC) 11:00 AM Pop-Up Shop: Jewelry and Accessories from Deb Frank (L) 11:30 AM Wii Sports (WC) 2:00 PM Open Gym (WC) 2:30 PM Brain Fitness SUDOKU (AR) 3:00 PM Open Swim (WC) 4:00 PM BINGO (AR) 6:00 PM Evening Movie "27 Dresses" (AR)	9:30 AM Podiatrist Visit (WC) 10:00 AM Water Aerobics with Christine (WC) 10:30 AM Cottage Sittercise (WC) 11:00 AM Bible Study with Joel (AR) 2:00 PM Open Gym (WC) 2:00 PM Pokeno & Prizes (AR) 3:00 PM Open Swim (WC) 6:00 PM Evening Movie "Lost in Translation" (AR)	8:30 AM Men's Breakfast - Meet Oliver Halle! (AR) 10:30 AM Cottage Sittercise (WC) 11:00 AM Sterling Music Series with Thayer Naples (AR) 11:15 AM Focused Fitness (WC) 1:00 PM Massage Therapist here from 1:00-5:00 (WC) 2:00 PM Jeopardy (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Gym (WC) 3:00 PM Wii Bowling (WC) 4:00 PM "Monarchy" a PBS Series with David Starkey (AR) 6:00 PM Evening Movie Agatha Christie's "Death on the Nile" (AR)	10:00 AM Art Class with Scott (AR) 10:30 AM Cottage Sittercise (WC) 1:00 PM Hymns & Hope with Joel (LR) 1:00 PM Open Gym (WC) 1:15 PM Wellness Seminar: Eye Health (AR) 2:00 PM Open Swim (WC) 3:00 PM Cottage Owners Brain Fitness (CC) 3:30 PM Happy Hour with Loose Shoes (DR) 6:00 PM Evening Movie "Cat on a Hot Tin Roof" (AR)	National Daiquiri Day 10:00 AM Crafts "Decoupaged Seashelis" (AR) 10:00 AM Library Outing (Meet in Front Lobby) 10:30 AM Cottage Sittercise (WC) 11:15 AM Focused Fitness (WC) 2:00 PM Current Events with John Hurlbut (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:30 PM Daiquiri Day Social (Casual Cafe and Front Porch) 6:00 PM Friday Funnies Movie Time "Along Came Polly" (AR)	10:00 AM Coffee and Conversation (CC) 10:30 AM Cottage Sittercise (WC) 11:00 AM "Musical Favorites from the Past" with Tom Parrott (AR) 11:15 AM Open Gym (WC) 2:00 PM Saturday Snack Bar "Ice Cream Cones" (AR) 4:00 PM Leigh Plays Guitar in the Lobby! (Front Lobby) 6:00 PM Evening Movie "Agnes of God" Nominated for 3 Academy Awards! (AR)
	9:00 AM In Touch with Dr. Charles Stanley (Channel 13 in your suite) 10:00 AM Holy Family Catholic Communion (AR) 11:00 AM Documentaries & Biographies "Indigenous People Of The Americas: Cherokee" (AR) 3:00 PM In Suite Movie: "Road to Perdition" Starring Tom Hanks (Channel 961) 6:00 PM Evening Movie "Fly Me to the Moon" (AR)	10:30 AM Cottage Sittercise (WC) 11:30 AM Wii Sports (WC) 2:00 PM Open Gym (WC) 2:30 PM Brain Fitness CROSSWORD (AR) 3:00 PM Open Swim (WC) 4:00 PM Speaker: Wanda Patterson "The Navajo Code Talkers" (AR) 6:00 PM Evening Movie "Sleepless in Seattle" (AR)	10:00 AM Water Aerobics with Christine (WC) 10:30 AM Cottage Sittercise (WC) 11:00 AM Bible Study with Joel (AR) 2:00 PM Open Gym (WC) 2:00 PM Pokeno & Prizes (AR) 3:00 PM Open Swim (WC) 4:00 PM "Name That Tune" (AR) 6:00 PM Evening Movie "Midnight Run" (AR)	Amelia Earhart Day 10:30 AM Cottage Sittercise (WC) 11:15 AM Focused Fitness (WC) 12:20 PM Braves v. Cincinnati Reds Baseball Game (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:00 PM "Monarchy" a PBS Series with David Starkey (AR) 6:00 PM Evening Movie Agatha Christie's "The Mirror Crack'd" (AR)	10:00 AM Art Class with Scott (AR) 10:00 AM Water Aerobics with Christine (WC) 10:30 AM Cottage Sittercise (WC) 1:00 PM Hymns & Hope with Joel (LR) 1:00 PM Open Gym (WC) 2:00 PM BINGO (AR) 2:00 PM Open Swim (WC) 3:00 PM Cottage Owners Brain Fitness (CC) 3:30 PM Happy Hour with Music (Front Lobby) 6:00 PM Evening Movie "One Flew Over the Cuckoo's Nest" Winner of 5 Academy Awards Including Best Picture! (AR)	10:30 AM Cottage Sittercise (WC) 11:15 AM Focused Fitness (WC) 1:00 PM OUTING: Fernbank and a 3D IMAX movie (Front Lobby) 2:00 PM Current Events (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 4:00 PM Armchair Travels "Journey to Tahiti and French Polynesia" (AR) 6:00 PM Friday Funnies Movie Time "Nurse Betty" (AR)	10:00 AM Coffee and Conversation (CC) 10:30 AM Cottage Sittercise (WC) 11:15 AM Open Gym (WC) 6:00 PM Evening Movie "Capote" (AR)
	9:00 AM In Touch with Dr. Charles Stanley (Channel 13 in your suite) 11:00 AM Documentaries & Biographies "The Extraordinary Life of Amelia Earhart" (AR) 1:40 PM Braves v. NY Mets Baseball Game! (AR) 3:00 PM In Suite Movie: "Sideways" (Channel 961) 4:15 PM Sunday Strings Serenades with Turner, Jack, Brinda and Julia (Front Lobby) 6:00 PM Evening Movie "Miss Potter" (AR)	10:30 AM Cottage Sittercise (WC) 11:30 AM Wii Sports (WC) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 4:00 PM BINGO (AR) 6:00 PM Evening Movie "Mona Lisa Smile" (AR)	International Friendship Day 10:00 AM Water Aerobics with Christine (WC) 10:30 AM Cottage Sittercise (WC) 11:00 AM Bible Study with Joel (AR) 1:30 PM Wii Bowling Tournament: Here at Sterling East (WC) 2:00 PM Pokeno & Prizes (AR) 6:00 PM Evening Movie "Thelma and Louise" Oscar Winner! (AR)	10:30 AM Cottage Sittercise (WC) 11:15 AM Focused Fitness (WC) 2:00 PM Open Gym (WC) 3:00 PM "The Bibliophiles" Book Club (Library) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:00 PM "Monarchy" a PBS Series with David Starkey (AR) 6:00 PM Evening Movie "And Then There Were None" (AR)		LOCATION KEY AR - Activity Room CC - Casual Cafe DR - Dining Room LR - Living Room L - Lobby	WC - Wellness Center
July 2024							

July 2024

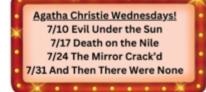


We are so happy to bring the Braves games to you on the Casual Cafe television!



JULY OUTINGS!

7/5 TJ Maxx and Home Goods 7/12 Georgia Aquarium 7/19 East Cobb Library 7/26 Fernbank and IMAX movie





"The Club"

Monday, Tuesday, Thursday, Friday, Saturday - Lunch Wednesday - Dinner Sunday Brunch

Opening Soon!

Join the Bibliophiles in reading The Wager! Rated 4.2



Friday, July 19th National Daiguiri Day! Join us in the Casual Cafe and on the porch for a Daiguiri Day Social!

Resident Birthdays

Kay Bolton 7/2 Nancy Moser 7/3 Bob Ragin 7/5 Sally Snider 7/6 Diane Chapin 7/6 Jackie Stillwell 7/9 Gerry Winstead 7/10 Ed Waters 7/12 Barbara Oliver 7/13 Helen Waldron 7/14 Helen Coulon 7/16 Lee Durham 7/18 Michael Williamson 7/22 Liz Durham 7/23



Employee Birthdays

Rachel Lott 7/2 Juliette Mitchell 7/7 Happy O Umukoro 7/20 Venus Perez 7/22 Vanessa Hayes 7/27 John Swaby 7/29

Channel 961 on your television shows the daily activities schedule and now some Sunday afternoon movies!