

SUN	MON	TUE	WED	THUR	FRI	SAT							
	9:30 Sittercise (AL) (WC) 10:00 Games: "Left, Right, Center" (AR) 11:30 Wii Sports (WC) 12:45 Happy Tails (LR) 2:00 Open Gym (WC) 2:00 Test (AR) 2:30 Brain Fitness WORDLE (AR) 3:00 Open Swim (WC) 4:00 BINGO (AR) 6:00 Evening Movie "The Curious Case of Benjamin Button" (AR)	1	World UFO Day 9:15 Meditation with Heather (AR) 9:30 Sittercise (AL) (WC) 10:00 Tuesday Trivia and Calendar Update (CC) 11:00 Bible Study with Joel (AR) 2:00 Open Gym (WC) 2:00 Pokeno & Prizes (AR) 3:00 "Twisted Stitches" Knitting and Crocheting Club (Second Floor Library) 3:00 Open Swim (WC) 4:00 Quiddler Game (AR) 6:00 Evening Movie "Close Encounters of the Third Kind" (AR)	2	9:30 Sittercise (AL) (WC) 10:00 Publix Shopping 11:00 Sterling Music Series with Thayer Naples (AR) 11:15 Focused Fitness (WC) 12:00 Birthday Celebrations with Cakes from Cornerstone Hospice! (DR) 1:00 Massage Therapist here from 1:00-5:00 (WC) 1:00 Piano with Dixie (LR) 2:00 Jeopardy (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 4:00 "Monarchy" a PBS Series with David Starkey (AR) 6:00 Evening Movie "Patriots Day" (AR)	3	Independence Day 9:30 Sittercise (AL) (WC) 10:00 Art Class with Katherine! (AR) 1:00 Open Gym (WC) 2:00 BINGO with Prizes! (AR) 2:00 Open Swim (WC) 3:30 Happy Hour with Tom and Joni Illi (DR) 6:00 Evening Movie "Fly Boys" (AR) 8:00 Macy's 4th of July Fireworks Show on NBC Channel 6 (In Your Suite)	4	National Hawaii Day 9:30 Sittercise (AL) (WC) 10:30 Crafts "Soap Making" (AR) 11:15 Focused Fitness (WC) 1:00 OUTING: TJ Maxx and Home Goods (Front Lobby) 2:00 Current Events (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 4:00 Armchair Travels "Hawaii!" (AR) 6:00 Friday Funnies Movie Time "Legally Blonde" (AR)	5	9:30 Sittercise (AL) (WC) 10:00 Coffee and Conversation (CC) 11:00 "Musical Favorites from the Past" with Tom Parrott (AR) 11:15 Open Gym (WC) 2:00 Saturday Snack Bar "Strawberry Sundaes" (AR) 4:00 Leigh Plays Guitar in the Lobby! (Front Lobby) 6:00 Evening Movie "Jaws" (AR)	6	
National Strawberry Sundae Day 9:00 In Touch with Dr. Charles Stanley (Channel 13 in your suite) 10:00 Catholic Mass (AR) 11:00 Holy Family Catholic Communion (AR) 11:00 Documentaries & Biographies "Wildlife - Just Sharks" (AR) 1:35 Braves v. Phillies Baseball Game! (AR) 3:00 In Suite Movie: "Jack Reacher" Starring Tom Cruise (Channel 961) 4:00 BINGO (AR) 6:00 Evening Movie "The English Patient" Winner of 9 Academy Awards! (AR)	7	9:30 Sittercise (AL) (WC) 10:00 Games: "Left, Right, Center" (AR) 11:30 Wii Sports (WC) 2:00 BINGO (DR) 2:00 Open Gym (WC) 3:00 Atlanta History Center Presentation: Native Lands Trunk Artifacts (AR) 3:00 Open Swim (WC) 6:00 Evening Movie "Far From the Madding Crowd" (AR)	8	9:15 Meditation with Heather (AR) 9:30 Sittercise (AL) (WC) 10:00 Tuesday Trivia and Calendar Update (CC) 10:00 Water Aerobics with Christine (WC) 10:30 Clara Maldonado's Baby Shower (AR) 11:00 Bible Study with Joel (AR) 1:00 Resident Council Meeting (AR) 2:00 Open Gym (WC) 2:30 Pokeno & Prizes (DR) 3:00 "Twisted Stitches" Knitting and Crocheting Club (Second Floor Library) 3:00 Open Swim (WC) 4:00 "Name That Tune - Beatles Bingo" (AR) 6:00 Evening Movie "The Boys in the Boat" (AR)	9	9:30 Sittercise (AL) (WC) 10:00 Publix Shopping 11:15 Focused Fitness (WC) 1:00 Piano with Dixie (LR) 2:00 Games: Wheel of Fortune (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 4:00 "Monarchy" a PBS Series with David Starkey (AR) 6:00 Evening Movie "Evil Under the Sun" an Agatha Christie movie! (AR)	10	9:15 Meditation with Heather (AR) 9:30 Sittercise (AL) (WC) 10:00 Art Class with Scott (AR) 10:00 Water Aerobics with Christine (WC) 1:00 Hymns & Hope with Joel (LR) 1:00 Open Gym (WC) 2:00 BINGO (AR) 2:00 Open Swim (WC) 3:30 Happy Hour with Jeni Michelson on the Piano (Front Lobby) 6:00 Evening Movie "Bridge Over the River Kwai" Winner of 7 Oscars! (AR)	11	9:30 Sittercise (AL) (WC) 11:15 Focused Fitness (WC) 1:00 OUTING: "The Georgia Aquarium" (Front Lobby) 2:00 Current Events (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 4:00 Armchair Travels "Magnificent Glacier National Park" (AR) 6:00 Friday Funnies Movie Time "We bought a Zoo" (AR)	12	9:30 Sittercise (AL) (WC) 10:00 Coffee and Conversation (CC) 11:15 Open Gym (WC) 2:00 Crafts "Seashell Painting" (AR) 4:00 Soloist, Amelia Powell on Viola (Front Lobby) 6:00 Evening Movie "The Manchurian Candidate" (2004) (AR)	13
9:00 In Touch with Dr. Charles Stanley (Channel 13 in your suite) 10:00 Catholic Mass (AR) 11:00 Documentaries & Biographies "Willie Mays ESPN Sportcentury Documentary" (AR) 2:00 BINGO (AR) 3:00 In Suite Movie: "Jack Reacher: Never Go Back" (Channel 961) 6:00 Evening Movie "The Right Stuff" Winner of 4 Academy Awards! (AR)	14	9:30 Sittercise (AL) (WC) 10:00 Games: "Left, Right, Center" (AR) 11:00 Pop-Up Shop: Jewelry and Accessories from Deb Frank (L) 11:15 Alliance of Therapy Dogs - Meet Georgia! (Front Lobby) 11:30 Wii Sports (WC) 2:00 Open Gym (WC) 2:30 Brain Fitness SUDOKU (AR) 3:00 Open Swim (WC) 4:00 BINGO (AR) 6:00 Evening Movie "27 Dresses" (AR)	15	9:15 Meditation with Heather (AR) 9:30 Sittercise (AL) (WC) 9:30 Podiatrist Visit (WC) 10:00 Tuesday Trivia and Calendar Update (CC) 10:00 Water Aerobics with Christine (WC) 11:00 Bible Study with Joel (AR) 2:00 Open Gym (WC) 2:00 Pokeno & Prizes (AR) 3:00 "Twisted Stitches" Knitting and Crocheting Club (Second Floor Library) 3:00 Open Swim (WC) 4:00 Quiddler Game (AR) 6:00 Evening Movie "Lost in Translation" (AR)	16	8:30 Men's Breakfast - Meet Oliver Halle! (AR) 9:30 Sittercise (AL) (WC) 10:00 Publix Shopping 11:00 Sterling Music Series with Thayer Naples (AR) 11:15 Focused Fitness (WC) 1:00 Massage Therapist here from 1:00-5:00 (WC) 1:00 Piano with Dixie (LR) 2:00 Jeopardy (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 4:00 "Monarchy" a PBS Series with David Starkey (AR) 6:00 Evening Movie Agatha Christie's "Death on the Nile" (AR)	17	9:15 Meditation with Heather (AR) 9:30 Sittercise (AL) (WC) 10:00 Art Class with Scott (AR) 1:00 Hymns & Hope with Joel (LR) 1:00 Open Gym (WC) 1:15 Wellness Seminar: Eye Health (AR) 2:00 BINGO (CC) 2:00 Open Swim (WC) 3:30 Happy Hour with Loose Shoes (DR) 4:30 Landmark Building Residents' Theme Dinner (AL) (DR) 6:00 Evening Movie "Cat on a Hot Tin Roof" (AR)	18	National Daiquiri Day 9:30 Sittercise (AL) (WC) 10:00 Crafts "Decouped Seashells" (AR) 10:00 Library Outing (Meet in Front Lobby) 11:15 Focused Fitness (WC) 12:00 Ladies Luncheon - Mystery Guest! (AR) 2:00 Current Events with John Hurlbut (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 3:30 Daiquiri Day Social (Casual Cafe and Front Porch) 6:00 Friday Funnies Movie Time "Along Came Polly" (AR)	19	9:30 Sittercise (AL) (WC) 10:00 Coffee and Conversation (CC) 11:00 "Musical Favorites from the Past" with Tom Parrott (AR) 11:15 Open Gym (WC) 2:00 Saturday Snack Bar "Ice Cream Cones" (AR) 9:30 Leigh Plays Guitar in the Lobby! (Front Lobby) 6:00 Evening Movie "Agnes of God" Nominated for 3 Academy Awards! (AR)	20
National Ice Cream Day 9:00 In Touch with Dr. Charles Stanley (Channel 13 in your suite) 10:00 Catholic Mass (AR) 11:00 Documentaries & Biographies "Indigenous People Of The Americas: Cherokee" (AR) 2:00 BINGO (AR) 3:00 In Suite Movie: "Road to Perdition" Starring Tom Hanks (Channel 961) 3:00 Test (AR) 3:30 Sketching with Seniors (AR) 6:00 Evening Movie "Fly Me to the Moon" (AR)	21	9:30 Sittercise (AL) (WC) 10:00 Games: "Left, Right, Center" (AR) 11:30 Wii Sports (WC) 2:00 BINGO (AR) 2:00 Open Gym (WC) 2:30 Brain Fitness CROSSWORD (AR) 3:00 Open Swim (WC) 4:00 Speaker: Wanda Patterson "The Navajo Code Talkers" (AR) 6:00 Evening Movie "Sleepless in Seattle" (AR)	22	9:15 Meditation with Heather (AR) 9:30 Sittercise (AL) (WC) 10:00 Tuesday Trivia and Calendar Update (CC) 10:00 Water Aerobics with Christine (WC) 11:00 Bible Study with Joel (AR) 2:00 Open Gym (WC) 2:00 Pokeno & Prizes (AR) 3:00 "Twisted Stitches" Knitting and Crocheting Club (Second Floor Library) 3:00 Open Swim (WC) 4:00 "Name That Tune" (AR) 6:00 Evening Movie "Midnight Run" (AR)	23	Amelia Earhart Day 9:30 Sittercise (AL) (WC) 10:00 Publix Shopping 11:15 Focused Fitness (WC) 12:20 Braves v. Cincinnati Reds Baseball Game (AR) 1:00 Piano with Dixie (LR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 4:00 "Monarchy" a PBS Series with David Starkey (AR) 6:00 Evening Movie Agatha Christie's "The Mirror Crack'd" (AR)	24	9:15 Meditation with Heather (AR) 9:30 Sittercise (AL) (WC) 10:00 Art Class with Scott (AR) 10:00 Water Aerobics with Christine (WC) 1:00 Hymns & Hope with Joel (LR) 1:00 Open Gym (WC) 2:00 BINGO (AR) 2:00 Open Swim (WC) 3:30 Happy Hour with Music (Front Lobby) 4:30 Landmark Building Theme Dinner "Sock Hop Summer" (DR) 6:00 Evening Movie "One Flew Over the Cuckoo's Nest" Winner of 5 Academy Awards Including Best Picture! (AR)	25	9:30 Sittercise (AL) (WC) 10:00 Crocheting 101 (AR) 11:15 Focused Fitness (WC) 1:00 OUTING: Fernbank and a 3D IMAX movie (Front Lobby) 2:00 Current Events (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 4:00 Armchair Travels "Journey to Tahiti and French Polynesia" (AR) 6:00 Friday Funnies Movie Time "Nurse Betty" (AR)	26	9:30 Sittercise (AL) (WC) 10:00 Coffee and Conversation (CC) 11:15 Open Gym (WC) 2:00 Crafts "Make Your Own Coaster" (AR) 4:00 Games: Resident Choice! (AR) 6:00 Evening Movie "Capote" (AR)	27
9:00 In Touch with Dr. Charles Stanley (Channel 13 in your suite) 10:00 Catholic Mass (AR) 11:00 Documentaries & Biographies "The Extraordinary Life of Amelia Earhart" (AR) 1:40 Braves v. NY Mets Baseball Game! (AR) 2:00 BINGO (AR) 3:00 In Suite Movie: "Sideways" (Channel 961) 4:15 Sunday Strings Serenades with Turner, Jack, Brinda and Julia (Front Lobby) 6:00 Evening Movie "Miss Potter" (AR)	28	9:30 Sittercise (AL) (WC) 10:00 Games: "Left, Right, Center" (AR) 11:30 Wii Sports (WC) 2:00 Open Gym (WC) 2:30 New Resident Social (AR) 3:00 Open Swim (WC) 4:00 BINGO (AR) 6:00 Evening Movie "Mona Lisa Smile" (AR)	29	International Friendship Day 9:15 Meditation with Heather (AR) 9:30 Sittercise (AL) (WC) 10:00 Tuesday Trivia and Calendar Update (CC) 10:00 Water Aerobics with Christine (WC) 11:00 Bible Study with Joel (AR) 1:30 Wii Bowling Tournament: Here at Sterling East (WC) 2:00 Pokeno & Prizes (AR) 3:00 "Twisted Stitches" Knitting and Crocheting Club (Second Floor Library) 4:00 Quiddler (AR) 6:00 Evening Movie "Thelma and Louise" Oscar Winner! (AR)	30	9:30 Sittercise (AL) (WC) 10:00 Publix Shopping 11:15 Focused Fitness (WC) 1:00 Piano with Dixie (LR) 2:00 Games: Wheel of Fortune (AR) 2:00 Open Gym (WC) 3:00 "The Bibliophiles" Book Club (Library) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 4:00 "Monarchy" a PBS Series with David Starkey (AR) 6:00 Evening Movie "And Then There Were None" (AR)	31	LOCATION KEY AR - Activity Room CC - Casual Cafe DR - Dining Room LR - Living Room L - Lobby	WC - Wellness Center				

July 2024

Activity and Social Calendar





*We are so happy to bring
the Braves games to you on
the Casual Cafe television!*



JULY OUTINGS!

- 7/5 TJ Maxx and Home Goods
- 7/12 Georgia Aquarium
- 7/19 East Cobb Library
- 7/26 Fernbank and IMAX movie

Agatha Christie Wednesdays!

- 7/10 Evil Under the Sun
- 7/17 Death on the Nile
- 7/24 The Mirror Crack'd
- 7/31 And Then There Were None



**Landmark
Building Residents**

*Join the Bibliophiles
in reading **The Wager!**
Rated 4.2 ★*



**SUMMER
SOCK HOP
DINNER!**

Thursday, July 25th



Friday, July 19th
National Daiquiri Day!
Join us in the Casual Cafe
and on the porch for a
Daiquiri Day Social!



Resident Birthdays

- Kay Bolton 7/2
- Nancy Moser 7/3
- Bob Ragin 7/5
- Sally Snider 7/6
- Diane Chapin 7/6
- Jackie Stillwell 7/9
- Gerry Winstead 7/10
- Ed Waters 7/12
- Barbara Oliver 7/13
- Helen Waldron 7/14
- Helen Coulon 7/16
- Lee Durham 7/18
- Michael Williamson 7/22
- Liz Durham 7/23

Employee Birthdays

- Rachel Lott 7/2
- Juliette Mitchell 7/7
- Happy O Umukoro 7/20
- Venus Perez 7/22
- Vanessa Hayes 7/27
- John Swaby 7/29

Channel 961 on your television shows the daily activities schedule and now some Sunday afternoon movies!