

SUN

MON

TUE

WED

THUR

FRI

SAT

**LOCATION KEY**  
 AR - Activity Room  
 CC - Casual Cafe  
 DR - Dining Room  
 LR - Living Room  
 L - Lobby  
 O - Outing  
 WC - Wellness Center

9:00 In Touch with Dr. Charles Stanley (Channel 13 in your suite) **4**  
 10:00 Catholic Mass (AR)  
 10:00 Holy Family Catholic Communion (AR)  
 11:00 Documentaries & Biographies "How Truett Cathy Created Chick-Fil-A" (AR)  
 2:00 BINGO (AR)  
 6:00 Evening Movie "Edie" (AR)

9:30 Sittercise (AL) (WC)  
 10:00 BINGO (AR)  
 11:30 Wii Sports (WC)  
 12:45 Happy Tails (LR)  
 2:00 Brain Game - Wordle Unlimited (AR)  
 2:00 Open Gym (WC)  
 3:00 Chair Yoga (WC)  
 3:00 Open Swim (WC)  
 4:00 Games with Friends "Yamslam" (AR)  
 6:00 Evening Movie "Oklahoma" (AR)

9:30 Sittercise (AL) (WC)  
 10:00 Tuesday Trivia and Calendar Update (CC) **6**  
 10:00 Water Aerobics (AL) with Christine (WC)  
 11:00 Bible Study with Joel (AR)  
 11:15 Focused Fitness (WC)  
 1:00 Movie Outing - Merchant's Walk - Comedy "American Fiction" (O)  
 1:15 Move and Groove (WC)  
 2:00 Open Gym (WC)  
 2:00 Pokeno & Prizes (AR)  
 3:00 Open Swim (WC)  
 4:00 "Name That Tune" (AR)  
 6:00 Evening Movie "Unbroken" (AR)

8:30 Men's Breakfast - Meet Greg Geiss Delta Pilot (CC) **7**  
 9:30 Sittercise (AL) (WC)  
 10:00 Brain Fitness Boggle (AL) (AR)  
 10:00 Publix Shopping / Petco (L)  
 11:00 Sterling Music Series with Thayer Naples (AR)  
 1:00 Massage Therapist here from 1:00-5:00 (WC)  
 1:00 Piano with Dixie (LR)  
 2:00 Group Trivia - Jeopardy! (AR)  
 2:00 Open Gym (WC)  
 3:00 Open Swim (WC)  
 3:00 Wii Bowling (WC)  
 4:00 "Lessons In Chemistry" Miniseries (AR)  
 6:00 Evening Movie "The Grand Seduction" (AR)

9:30 Sittercise (AL) (WC)  
 10:00 Art Class with Scott (AR) **8**  
 11:15 Focused Fitness (WC)  
 1:00 Hymns & Hope with Joel (LR)  
 1:00 Open Gym (WC)  
 2:00 Open Swim (WC)  
 2:00 BINGO (AR)  
 3:30 Happy Hour with Jeni Michelson (Front Lobby)  
 6:00 Evening Movie "007: Goldfinger" (AR)

**Groundhog Day**  
 9:30 Sittercise (AL) (WC)  
 10:30 Crafts - Valentine Paper Towel (AR) **9**  
 11:15 Outing: Chick-Fil-A (Front Lobby)  
 2:00 Current Events (AR)  
 2:00 Open Gym (WC)  
 3:00 Open Swim (WC)  
 4:00 Armchair Travels "Tanzania: The Royal Tour" (AR)  
 6:00 Friday Funnies Movie Time "Red Notice" (AR)

9:30 Sittercise (AL) (WC)  
 10:00 Coffee and Conversation (CC) **10**  
 11:00 Classical Sounds (AR)  
 11:15 Open Gym (WC)  
 1:15 Move and Groove (WC)  
 2:00 Crafts (AR)  
 4:00 Guitar With Leigh (DR)  
 6:00 Evening Movie "Apollo 13" (AR)

9:00 In Touch with Dr. Charles Stanley (Channel 13 in your suite) **11**  
 10:00 Catholic Mass (AR)  
 11:00 Documentaries & Biographies "The Mystery of Marilyn Monroe-The Unheard Tapes" (AR)  
 2:00 BINGO (AR)  
 6:30 Superbowl Tailgate (AR)

9:30 Sittercise (AL) (WC)  
 10:00 BINGO (AR) **12**  
 11:30 Wii Sports (WC)  
 2:00 Brain Game - Wordle Unlimited (AR)  
 2:00 Open Gym (WC)  
 3:00 Chef Chat (AR)  
 3:00 Open Swim (WC)  
 4:00 Games with Friends "Dominoes" (AR)  
 6:00 Evening Movie Musical "The Greatest Showman" (AR)

9:30 Sittercise (AL) (WC)  
 10:00 Tuesday Trivia and Calendar Update (CC) **13**  
 10:00 Water Aerobics (AL) with Christine (WC)  
 11:00 "POP-UP SHOP!" Elizabeth's Chocolates (Front Lobby)  
 11:00 Bible Study with Joel (AR)  
 11:15 Focused Fitness (WC)  
 1:00 Resident Council Meeting (AR)  
 1:15 Move and Groove (WC)  
 2:00 Open Gym (WC)  
 2:00 Pokeno & Prizes (AR)  
 3:00 Open Swim (WC)  
 4:00 "Name That Tune" BINGO (AR)  
 6:00 Evening Movie "Darkest Hour" (AR)

**Valentine's Day**  
 9:30 Sittercise (AL) (WC) **14**  
 10:00 Kroger and Dollar Tree Shopping (Front Lobby)  
 10:30 Ash Wednesday Service (AR)  
 2:00 Edible Craft - Homemade Hot Chocolate Mix (AR)  
 2:00 Open Gym (WC)  
 3:00 Open Swim (WC)  
 3:00 Wii Bowling (WC)  
 4:00 "Lessons In Chemistry" Miniseries (AR)  
 5:00 Special Valentine's Dinner with the Special Music! (DR)  
 6:00 Evening Movie "Casablanca" Winner of 3 Academy Awards (AR)

9:30 Sittercise (AL) (WC)  
 10:00 Art Class with Scott (AR) **15**  
 11:15 Focused Fitness (WC)  
 1:00 Hymns & Hope with Joel (LR)  
 1:00 Open Gym (WC)  
 2:00 Open Swim (WC)  
 2:00 BINGO (AR)  
 3:30 Happy Hour with Keith West (Front Lobby)  
 6:00 Evening Movie "Play Misty for Me" (AR)

9:30 Sittercise (AL) (WC)  
 10:30 Crafts (AR) **16**  
 1:00 FUN FRIDAY OUTING: The Southern Museum of Civil War and Locomotive History (O)  
 2:00 Current Events (AR)  
 2:00 Open Gym (WC)  
 3:00 Open Swim (WC)  
 4:00 Armchair Travels in Italy with Rick Steves (AR)  
 6:00 Friday Funnies Movie Time "Little Fockers" (AR)

9:30 Sittercise (AL) (WC)  
 10:00 Coffee and Conversation (CC) **17**  
 11:00 Classical Sounds (AR)  
 11:15 Open Gym (WC)  
 1:15 Move and Groove (WC)  
 2:00 Saturday Snack Bar - Banana Splits! (AR)  
 3:00 Resident Choice Activity (AR)  
 6:00 Evening Movie "Jurassic Park" (AR)

9:00 In Touch with Dr. Charles Stanley (Channel 13 in your suite) **18**  
 10:00 Catholic Mass (AR)  
 10:00 Holy Family Catholic Communion (AR)  
 11:00 Documentaries & Biographies - "America Unearthed: Ancient Mayan Secrets in Georgia" (AR)  
 2:00 BINGO (AR)  
 3:00 Sketching with Seniors (AR)  
 6:00 Evening Movie "Soul Surfer" (AR)

**President's Day**  
 9:30 Sittercise (AL) (WC) **19**  
 10:00 BINGO (AR)  
 11:30 Wii Sports (WC)  
 2:00 Insight Hour "Chattahoochee Nature Center" (AR)  
 2:00 Open Gym (WC)  
 3:00 Chair Yoga (WC)  
 3:00 Open Swim (WC)  
 4:00 Games with Friends "Uno" (AR)  
 6:00 Evening Movie "Olympus Has Fallen" (AR)

9:30 Sittercise (AL) (WC)  
 9:30 Podiatrist Visit (WC) **20**  
 10:00 Tuesday Trivia and Calendar Update (CC)  
 10:00 Water Aerobics (AL) with Christine (WC)  
 11:00 Bible Study with Joel (AR)  
 11:15 Focused Fitness (WC)  
 1:15 Move and Groove (WC)  
 2:00 Open Gym (WC)  
 2:00 Pokeno & Prizes (AR)  
 3:00 Open Swim (WC)  
 4:00 "Name That Tune" (AR)  
 6:00 Evening Movie "The Courier" (AR)

9:30 Sittercise (AL) (WC)  
 10:00 Brain Fitness Crossword (AL) (AR) **21**  
 10:00 Publix Shopping / Petco (L)  
 11:00 Sterling Music Series with Thayer Naples (AR)  
 1:00 Massage Therapist here from 1:00-5:00 (WC)  
 1:00 Piano with Dixie (LR)  
 2:00 Group Trivia with Trivia Zone (AR)  
 2:00 Open Gym (WC)  
 3:00 Open Swim (WC)  
 3:00 Wii Bowling (WC)  
 4:00 "Lessons In Chemistry" Miniseries (AR)  
 6:00 Evening Movie "Where the Crawdads Sing" (AR)

9:30 Sittercise (AL) (WC)  
 10:00 Art Class with Scott (AR) **22**  
 11:15 Focused Fitness (WC)  
 1:00 Hymns & Hope with Joel (LR)  
 1:00 Open Gym (WC)  
 2:00 Open Swim (WC)  
 2:00 BINGO (AR)  
 3:30 Happy Hour with Music and Sonya Shell (DR)  
 6:00 Evening Movie "The Sting" (AR)

9:30 Fitness and Health Testing (CC) **23**  
 10:00 Library Outing (Meet in Front Lobby)  
 10:30 Crafts (AR)  
 2:00 Current Events (AR)  
 2:00 Open Gym (WC)  
 3:00 Open Swim (WC)  
 4:00 Armchair Travels in France with Rick Steves (AR)  
 6:00 Friday Funnies Movie Time "Don't Look Up" (AR)

9:30 Sittercise (AL) (WC)  
 10:00 Coffee and Conversation (CC) **24**  
 11:00 Games with Friends - Resident Choice! (AR)  
 11:15 Open Gym (WC)  
 1:15 Move and Groove (WC)  
 2:00 Crafts (AR)  
 4:00 Guitar With Leigh (DR)  
 6:00 Evening Movie "Harriet" (AR)

9:00 In Touch with Dr. Charles Stanley (Channel 13 in your suite) **25**  
 10:00 Catholic Mass (AR)  
 11:00 Documentaries & Biographies "When Georgia Howled: Sherman on the March" (AR)  
 2:00 BINGO (AR)  
 6:00 Evening Movie "Harriet" (AR)

9:30 Sittercise (AL) (WC)  
 10:00 BINGO (AR) **26**  
 11:00 Alliance of Therapy Dogs (AR)  
 11:30 Wii Sports (WC)  
 2:00 Open Gym (WC)  
 2:30 New Resident Social (AR)  
 3:00 Open Swim (WC)  
 4:00 Games with Friends "Bunco" (AR)  
 6:00 Evening Movie "Judy" (AR)

9:30 Sittercise (AL) (WC)  
 10:00 Tuesday Trivia and Calendar Update (CC) **27**  
 10:00 Water Aerobics (AL) with Christine (WC)  
 11:00 Bible Study with Joel (AR)  
 11:15 Focused Fitness (WC)  
 12:45 Wii Bowling Tournament: Outing to Sterling West (WC)  
 1:15 Move and Groove (WC)  
 2:00 Open Gym (WC)  
 2:00 Pokeno & Prizes (AR)  
 3:00 Open Swim (WC)  
 4:00 "Name That Tune" BINGO (AR)  
 6:00 Evening Movie "Bottle Shock" (AR)

9:30 Sittercise (AL) (WC)  
 10:00 Brain Fitness Sudoku (AL) (AR) **28**  
 10:00 Kroger and Dollar Tree Shopping (Front Lobby)  
 1:00 Piano with Dixie (LR)  
 2:00 Edible Craft - Chocolate Stirring Spoons (AR)  
 2:00 Open Gym (WC)  
 3:00 "The Bibliophiles" Book Club (AR)  
 3:00 Open Swim (WC)  
 3:00 Wii Bowling (WC)  
 4:00 "Masters of the Air" Episode 1 (AR)  
 6:00 Evening Movie "Legends of the Fall" (AR)

9:30 Sittercise (AL) (WC)  
 10:00 Art Class with Scott (AR) **29**  
 11:15 Focused Fitness (WC)  
 1:00 Hymns & Hope with Joel (LR)  
 1:00 Open Gym (WC)  
 2:00 Open Swim (WC)  
 2:00 BINGO (AR)  
 3:30 Happy Hour with Loose Shoes! (DR)  
 6:00 Evening Movie "The Great Gatsby" (AR)

# February 2024

## Activity and Social Calendar

